

MASSAGE

Islander 60 mins - *Return to serenity*

Our head-to-toe fusion of South Asian specialties – long strokes, pressure points and stretching.

Islander Couples Massage 60 mins - *Return to serenity*

Our head-to-toe fusion of South Asian specialties – long strokes, pressure points and stretching.

Surfer 60 mins - *Return to balance*

With strong targeted pressure to rebalance board bodies.

Surfer Couples Massage 60 mins - *Return to balance*

With strong targeted pressure to rebalance board bodies.

Thai Balance 60 mins - *Return to alignment*

A meditative mix of palm-pressing, stretching, joint mobilization and acupressure for holistic harmony.

Thai Balance Couples Massage 60 mins - *Return to alignment*

A meditative mix of palm-pressing, stretching, joint mobilization and acupressure for holistic harmony.

SCRUBS

Ocean Cleanse 60 mins - *Refreshing renewal*

An invigorating brush and scrub with wild sea algae and sea salts.

BATHING

Sea Lavender Salt Bath 30 mins

A soothing, relaxing bath infused with deeply moisturizing Gigartina flakes, fragrant coastal sea lavender and mineralizing sea salts.

Gigartina Beauty Bath 30 mins

A beauty-boosting bath that hydrates, softens and tones skin. With the purple hued powder of organic Gigartina to restore radiance and undaria to stimulate collagen production.

Super Green Marine Bath 30 mins

Cleansing and anti-ageing – this therapeutic super soak uses undaria algae and Maldivian sea grass to reduce water retention, hydrate skin, improve circulation, and firm and hydrate at the deepest level.

THERAPIES

Jalaneti 30 mins - *Return to clarity*

Jalaneti uses warm salt water to relieve sinus congestion and migraines.

Reflexology 60 mins - *Return to harmony*

Pressure point massage for the feet to unblock your qi and harmonize your system.

Reiki 60 mins - *Return to natural energy*

Gentle yet powerful hands-on energy work to reduce stress and boost vitality and health.

NAILS

Deep Sea Manicure 75 mins

Reveal nails that shine with health with this in-depth treatment. From shaping and buffing to removing dry skin and cuticles, a smoothing scrub to nourishing hand-mask and massage – the beauty is in the detail. Leave nails natural or finish with polish of your choice. Suitable for men and women.

Deep Sea Pedicure 75 mins

A deep, sensitive pedicure for long lasting results. Relax in our special chair while your therapist shapes, smoothes and soothes your feet and legs. Beautiful results glow with natural health; or finish with polish of your choice. Suitable for men and women.