

# Co-occurring chronic pain and mental health symptoms in adolescence: A double burden?

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## Introduction

- Adolescents living with chronic pain↑risk of developing co-occurring mental health symptoms<sup>1</sup>.
- Adolescents who experience co-occurring symptoms often experience worse functioning<sup>3,4</sup>.
- We explored the specific challenges to functioning faced by adolescents who experience co-occurring symptoms and compare with adolescents who self-declare other symptoms.

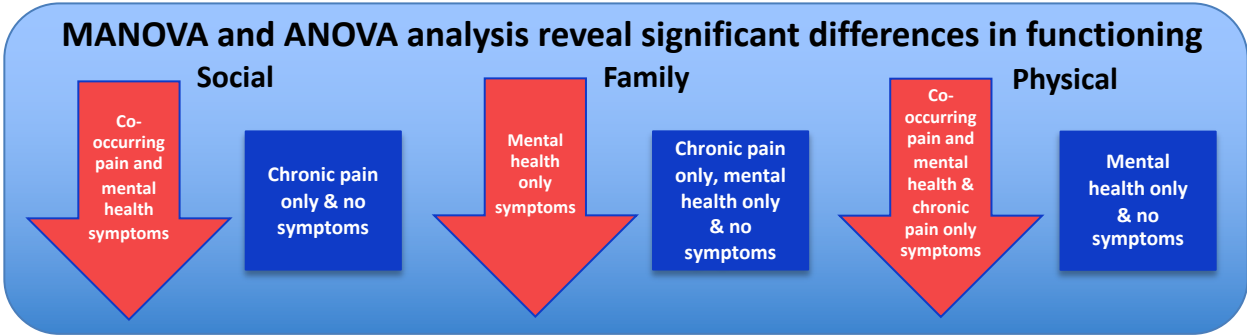
## Method

- Adolescents (11-19yrs) recruited via UK pain clinics, education settings, charities and social media.
- Measures/subscales completed:
  - Bath Adolescent Pain Questionnaire (BAPQ)
  - Patient Reported Outcomes Measurement Information System (PROMIS-25)
  - Systemic Clinical Outcome and Routine Evaluation (SCORE-15).



Participants self declared	Total sample (N = 137)
Chronic pain symptoms only	20
Mental health symptoms only	44
Co-occurring chronic pain & mental health conditions	54
No symptoms	19

## Results



## Discussion

- Adolescents with↑social functioning did not report↑peer relationships, family, or developmental functioning.
- The variety of functional assessment measures used across research may be responsible.
- Future research should clearly define functioning assessment to capture precise functioning challenges.

### References

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