# General Surgery Education and Training (GSET) Program

What will it mean for you and for General Surgery

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"SYNERGY IN SURGERY" NZAGS ASM in Wellington Aug 2022

# GSET in 35mins

- Why change?
- What has changed?
- What is the GSET structure?
- What's involved for SMOs (trainers)?

# Why the Change?

- RACS Strategic Plan & Issues identified
  - Knowledge and skills at graduation inconsistent
  - Expected Performance unclear
- AMC has placed conditions on RACS
  - 'Time in training' and 'competency assessment'
  - Need observations of performance in determining competency
- NZAGS in synergy with Australia GSA
  - Credit: Monica Carrarini (GSA Director of Education & Training) and BiGS

# New concepts



Includes clear **graduate outcomes** & trainee pathway



Competencies that can be assessed to an agreed standard to be achieved by all learners (with trainer tools)



Competencies are aligned to a curriculum



Emphasis is on abilities rather than time spent

### Graduate Outcome

The objective of the GSET Training program is to ensure that the graduating trainee has the competencies and skills required to undertake core general surgery procedures, be able to participate independently in an acute on call general surgical roster, and be competent across the RACS Core Competencies

# Adult learning

- Learner led goals
- Be clear what you want them to do
- Frequent Feedback
  - Good

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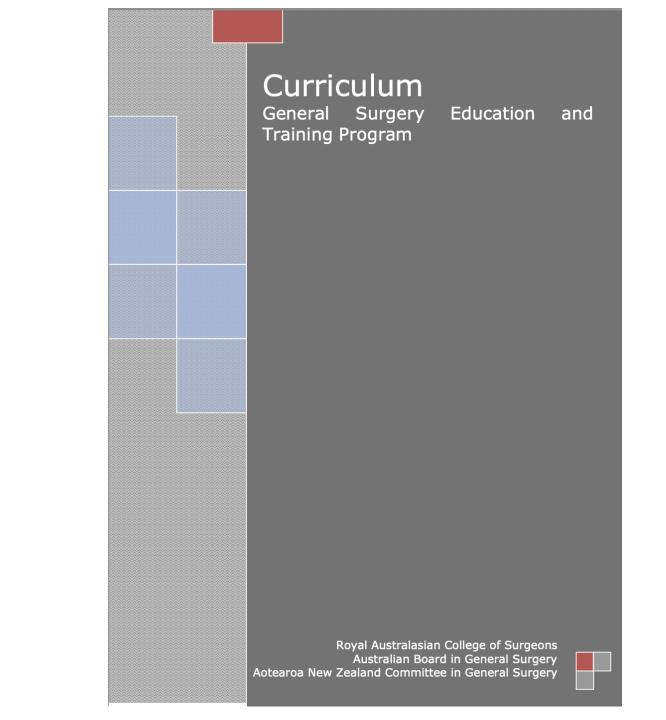
- for improvement

Framework must be medico-legally rhobust

# What has changed?

- Structure of the program
- New curriculum
  - Mapped to a syllabus
- New assessments





### CORE COMPETENCIES & CURRICULUM:

Medical Exper	tise				At perform expectation	
Competency	Sub-competencies	GSET 1 Milestones	GSET 2-3 Milestones	GSET 4-5 Milestones	Trainee	Supervisor
ME1: Assesses pertinent features of history and examination	Gathers relevant information concerning the patient's condition	Takes comprehensive history to gather relevant information	Takes focussed history to gather relevant information	Integrates relevant past surgical and medical history into patient's current presentation to enable focussed clinical examination	○no	○no
	Performs clinical examination relevant to patient's condition	Performs systematic clinical examination of patient	Tailors clinical examination to patient's specific condition	Elicits clinical findings pertinent to patient's conditions	○no	Ono
ME2: Applies knowledge of basic and clinical sciences as relevant to the patient's	Applies knowledge of anatomy (including embryology) and physiology	Identifies relevant anatomy (including embryology) and physiology	Applies knowledge of anatomy and physiology to conditions and procedures	Evaluates anatomical and physiological variations and takes these into account where relevant	○no	○no
condition	Applies knowledge of the basic sciences to assessment of the underlying condition	Demonstrates knowledge of basic sciences	Plans interventions based on basic sciences	-	Опо	Ono
	Integrates basic and clinical science knowledge for therapeutic and management purposes	Applies knowledge of basic and clinical sciences to initial management plan	Applies basic and clinical sciences knowledge in response to changes in patient status	Uses the basic sciences to evaluate the outcome of	○no	○no
ME3: Formulates a differential diagnosis	Integrates basic science and clinical information to create a differential diagnosis	Generates a list of potential diagnoses	Generates a focussed differential diagnosis	Considers rare and atypical presentations when compiling a differential diagnosis	○no	○no
	Selects targeted investigations to refine differential diagnosis	Selects investigations relevant to the presenting problem	Narrows selection of investigations based on patient's presentation	Demonstrates knowledge of cost/benefits and sensitivity/specificity of common investigations by choosing wisely for the individual patient	Ono	○no

# Syllabus

Early breast cancer			
ME1:	<ul> <li>Epidemiology, genetics, risk factors, TN</li> <li>Oestrogen receptor (ER), progrestone</li> <li>Sentinel node mapping and assessmen</li> </ul>	· · · · · ·	es
ME2:	<ul><li>Molecular sub typing</li><li>Molecular biology</li><li>Principles and patterns of metastasis</li></ul>		
ME3 and JCDM1:	See Assessment of breast symptoms and d	lisease	
ME4, JCDM1 and JCDM2:	<ul> <li>Indications and contraindications to br</li> <li>Indications and contraindications to im</li> <li>Sentinel node mapping with isotope ar</li> <li>Radiotherapy and its delivery systems</li> <li>Principles of staging</li> <li>Role of gene expression profiling</li> <li>Molecular markers of prognosis</li> <li>Local recurrence</li> <li>Prognostic estimation</li> </ul>	nmediate breast reconstruction nd blue dye	
ME5, TE1, and TE2: Procedures	GSET1	GSET2-3	GSET4-5
Knows	<ul> <li>Wide local excision (complete local excision) of breast cancer</li> <li>Mastectomy</li> <li>Immediate breast reconstruction</li> <li>Prophylactic mastectomy</li> <li>Sentinel node biopsy (radio-isotope and blue dye)</li> </ul>	Skin sparing mastectomy	<ul> <li>Principles of oncoplastic surgery</li> <li>Breast reconstruction</li> <li>Nipple sparing mastectomy</li> </ul>
Does		<ul> <li>Wide local excision (complete local excision) of breast cancer</li> <li>Mastectomy</li> <li>Sentinel node biopsy</li> </ul>	Skin sparing mastectomy

# **GSET Structure: What is it?**

- 5 year training scheme
  - SEAMs
  - 1000 majors
  - 10x 6mo rotations
  - Endoscopy
  - EPAs & PBAs
  - Courses & Research
  - Exam

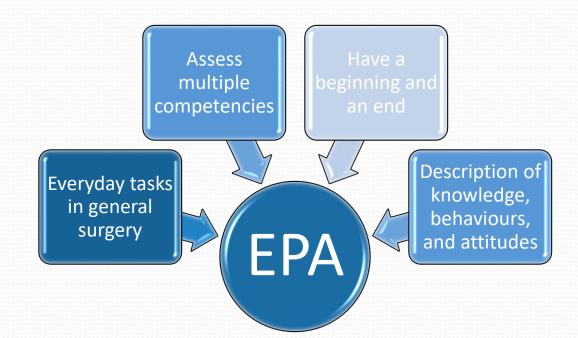


- Terminology
  - Entrustable Professional Activities (EPAs)
  - Procedure Based Activities (PBAs)

# GSET Structure and Requirements

	CORE		PRINCIPAL			
GSET1	GSET2	GSET3	GSET4	GSET5		
2 Rotations	2 Rotations	2 Rotations	2 Rotations	2 Rotations		
<b>54</b> E	EPAs to the level of <b>Entr</b>	ustable	<b>36</b> EPAs to the	level of <b>Entrustable</b>		
<b>37</b> PBAs to the	e level of <b>Able to Perfor</b>	m Independently	28 PBAs to the level of Al	ole to Perform Independently		
Skills Co	ourses – EMST, CCrISP, A	ASSET, TIPS				
	SEAM					
	✓	Resea	rch			
	1000 [	Majors with appropria	ate primary operator rate			
		100 Endoscopies and	50 Colonoscopies			
8 Training Days						
(can be interrupted / part time training)						
			Fellowship Exam			

A task or responsibility to be entrusted to a trainee once sufficient competence has been gained



# EPA (Professional activity) Rating

### **Entrustable**



When a trainee can perform the activity at the required standard of performance with distant supervision, when an assessor is confident that a trainee knows when to ask for additional help in a timely manner.

### **Not Entrustable**



When a trainee is **unable to perform the activity** at the required standard **without close supervision** and **direction**.

# Core GSET1-3

Arrange and Complete Surgery for a Simple Acute Case

Assessing Simple New Elective Case in Outpatient Clinic

Delivering Results to a Patient

Discharge Planning for a Complex Patient

Leading A Team Ward Round

Management of Acute admissions

**Student Teaching Session** 

Present at MDM/X-Ray Meeting

Presentation at Departmental Meeting

### Principal

Arranging Acute Surgery for a Complex Condition

**GSET4-5** 

Management of a New Cancer Patient in the Outpatient Clinic

Delivering News to a Patient – End of life Prognostic Discussion

Operative Supervision of a Junior Colleague

Present at MDM/X-Ray Meeting of a Complex Case

Communicating/Referring a Complex Patient Case

		Medical Expertise	Judgement – Clinical Decision Making	Professionalism	Ethics	Health Advocacy	Communication	Collaboration and Teamwork	Scholar and Teacher
	EPA1	~	V	•	~	•	•	•	
	EPA2	~	<b>~</b>		~	•	~	•	
	EPA3	•	•	•	~	•	~	•	
	EPA4	•	•	•	~	•	~	•	
RE	EPA5	•	<b>~</b>	•		•	~	•	
CORE	EPA6	~	•	•	~	<b>~</b>	•	•	
	EPA7	•	~	•	~	•	~	•	<b>~</b>
	EPA8	•	~	•		~	~	•	
AA AA AA AA AA AA	EPA9	•	·	•			~	~	•
70 AA AA AA AA AA	EPA10	~	<b>~</b>				~		•
	EPA1	~	<b>~</b>	•	~	•	~	•	
	EPA2	•	•		~	•	~	•	
IPA	EPA3	~	·	•	~	•	~	•	
PRINCIPAL	EPA4	~	~	•	~	•	•	•	
PR	EPA5	~	<b>~</b>	•		~	•	~	•
	EPA6	•	•	•	~	~	•	•	

## Procedure Based Activities

A PBA is a (technical) activity to be entrusted to a trainee when they are Able to Perform competently / "Entrustably"

PBAs assess the competencies of medical expertise, and technical expertise

# PBA (Procedure based) Rating

### **Able to Perform Independently**



the trainee is able to complete the procedure with minimal supervision and guidance, and demonstrates knowledge of when to request assistance.

### **Not Able to Perform Independently**



the trainee required close supervision and guidance, and/or does not demonstrate knowledge of when to request appropriate assistance.

# Procedure Based Activities

# Core GSET1-3

Anastomosis	x6
Appendicectomy	х6
Examination Under Anaesthetic Anus - Incision & Drainage of Perianal Absces	SS
	х3
Groin Hernia	<b>x</b> 3
Open and Closing Abdominal Incision	х6
Simple Laparoscopic cholecystectomy +/- Intraoperative Cholangiogram	х6
Small Bowel Resection	x4
Stoma Formation	х3

## Procedure Based Activities

Principal	Axillary Node Dissection	x2
GSET4-5	Colonoscopy	x4
	Hartmann's Procedure or Acute Left Colectomy	x4
	Laparotomy - Adhesiolysis	x4
	Open Right Hemicolectomy	x4
	Sigmoid Colectomy/Anterior Resection	x2
	Thyroidectomy	x2
	Upper GI Endoscopy	x4
	Wide Local Excision/Mastectomy	x2

### Who can assess EPA & PBAs?



SMO on an accredited general surgery training unit

Need to have <u>multiple assessors</u> to remove bias, leniency, or halo effects <u>across a minimum number of rotations</u>



### For EPAs ... Input from

other medical staff – eg nurses, allied health, fellows, ED staff, IMGs, and other consultants.

# What's involved for the trainer (SMO)?

- Set clear goals
  - Run orientation
  - Trainee handover form
- EPA & PBA assesments
- Mid-run & end of run form



### How are EPAs/PBAs documented?

- Digital Platform
  - Emailed link after each activity
  - Review trainee assessment of own performance
  - Rate their level of performance
  - Document feedback
- Also need: face to face feedback

## Email link (2 week expiry)

Hi (you name), (Trainee name) submitted a new assessment and is awaiting your review: (e.g.) Appendectomy -Laparoscopic or Open Access your list of reviews here. Regards, NZAGS team You can either access the assessment through this hyperlink.

Alternatively you can access all assessments for your attention here.

### Assessing a Simple New Elective Case in Outpatient Clinic Progress for this competency Current attempt Info Assessing a Simple New Elective Case in No: 1 0/6 Submitted Outpatient Clinic attempt for this Trainee: Jenny Choi Type: EPA (Entrustable Professional Activity) competency Assessor: Jeremy Rossaak Year: 1 - 3 Assessment date: 27 May 2021 View full detail > Trainee needs 6 more Entrustable achievements for this competency Expiry date: 3 Jun 2021 History Instructions & detail Assessment Select a rating for each criteria for this competency 1. Medical Expertise Indicative behaviours Self Assessment: Entrustable Indicative questions Appropriately considers all available data to formulate a Can the trainee appropriately assess the presenting problem? How do you assess the trainee? provisional/differential diagnosis · Are any ancillary investigations chosen wisely? Entrustable Ensures judicious use of additional investigations Not Entrustable Unassessed 2. Judgement /- Clinical Decision Making

You will need to complete all the domains here.

Indicative behaviours

You can view the history of previous attempts at this assessment here.

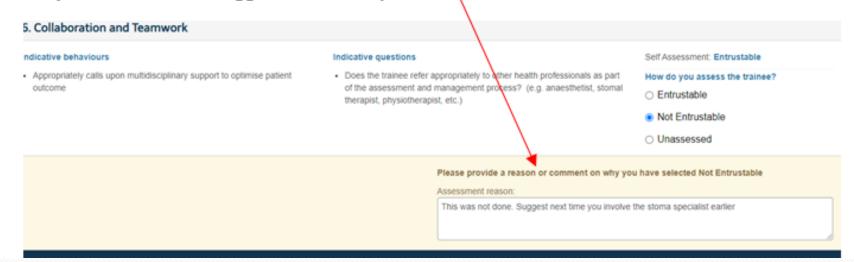
Indicative questions

Self Assessment: Entrustable

If the trainee self-assesses as "not Entrustable" (or "not Independent" for a PBA), they will put in the reasons. You can make the same assessment, or give them a positive assessment: -

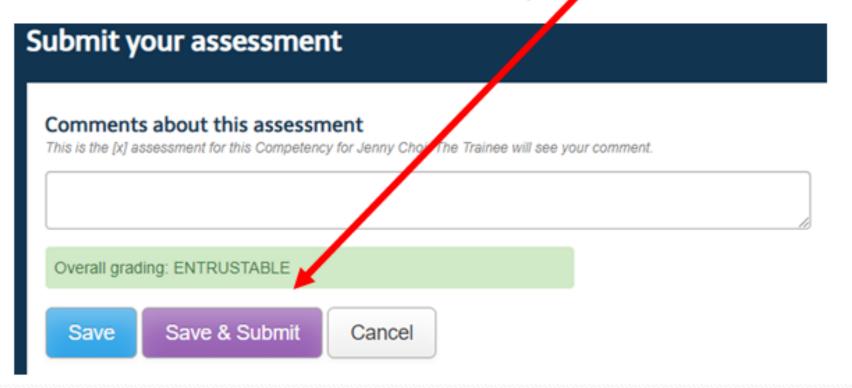
4. Health Adv	ocacy			
operative manag	urs aid conditions or lifestyle factors that will impact on ement, initiates management of these perative rehabilitation where necessary	intake, obesity, and exe	matically address issues such as smoking, alcohol ercise? ostoperative issues such as physical activity and	Self Assessment: Not Entrustable How do you assess the trainee?  Entrustable  Not Entrustable  Unassessed
Trainee reason for forgot to check for	selecting Not Entrustable These		Please provide a reason or comment on why you Assessment reason:	u have selected Not Entrustable

If you rate the trainee as "Not Entrustable" (or Not Independent for a PBA), you will be prompted for your reasons and suggestions for improvement for next time.



Once you have completed all the domains please "Save and Submit".

NB "Save" should only be used if you can't finish the assessment at that time and you need to return – it won't be recorded and will remain in your list of assessments to review: -



# Troubleshooting EPAs/PBAs

Attempts are important

Consultant Log ins

Non-FRACS consultants

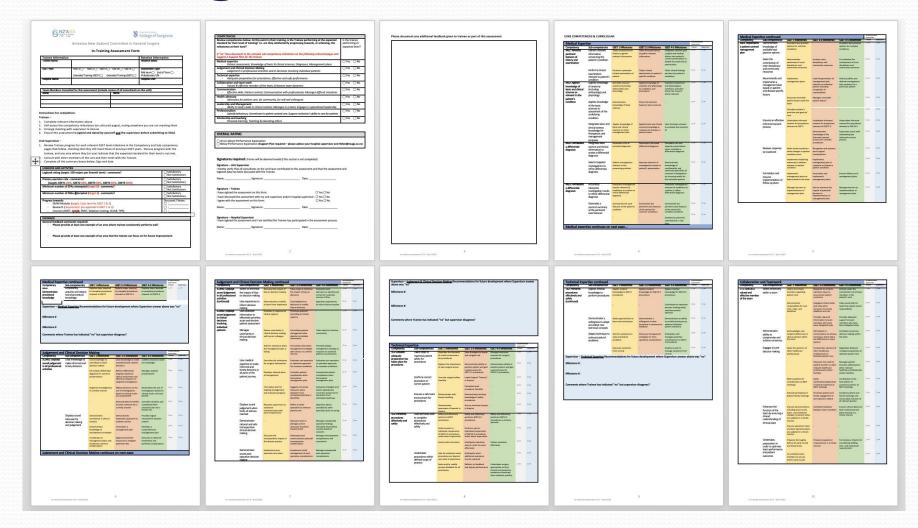
Extensions: Email links expire in 2 weeks

# Other assessments for the SMO?

Mid-run & end of run form



# In-Training Assessment Form







Aotearoa New Zealand Committee in General Surgery

### In-Training Assessment Form

Trainee Information	Trainee Information						
Trainee Name:		Rotation dates:					
GSET Year:	GSET1 GSET2 GSET3 GSET4 GSET5   Extended Training GSET3 Extended Training GSET5	Assessment Type: Mid-term O End of Term O Probationary Y/N					
Hospital Name:		Hospital Unit:					

Team Members Consulted for this assessment (include na	nmes of all consultants on the unit):
Name	Name

### Instructions for completion

- Trainee –

  1. Complete relevant information above
- 2. Self-assess the competency milestones (on coloured pages), noting anywhere you are not meeting them
- 3. Arrange meeting with supervisor to discuss
- 4. Ensure this assessment is signed and dated by yourself and the supervisor before submitting to SOLA

### Unit Superviso

- Review Trainee progress for each relevant GSET level milestone in the Competency and Sub-competen
  pages that follow, checking
  trainee, and any area where\*
- 2. Consult with other member
- 2 Complete all the summary

### LOGBOOK AND ACTIVTIES Logbook rating (target: 100 maj

Primary operator rate - comm (targets GSET1 20%, GSI

### Minimum number of PBAs at

### rogress towards

- SEAM Modules (target: - Research (requirement - Courses (ASSET, CCCISP.
- FFFDBACK

### General feedbac

Please provide at least

- Please provide at leas

Review competencies below: At this point in their training, is the Trainee performing at the expected	Is the trainee		
standard for their level of training? i.e. are they satisfactorily progressing towards, or achieving, the nilestones at their level?			
If "no" then document in the relevant sub-competency milestones on the following coloured pages and			
suggest a Support Plan for the trainee			
Medical expertise	○Yes ○No		
<ul> <li>Patient assessment; Knowledge of basic &amp; clinical sciences; Diagnoses, Management plans</li> </ul>			
Judgement and Clinical Decision Making	○Yes ○No		
<ul> <li>Judgement in professional activities and in decisions involving individual patients</li> </ul>			
Technical expertise	○Yes ○No		
<ul> <li>Adequate preparation for procedures; Effective and safe performance</li> </ul>			
Collaboration and team-work	○Yes ○No		
<ul> <li>Valued &amp; effective member of the team; Enhances team dynamics</li> </ul>			
Communication	○Yes ○No		
<ul> <li>Effective skills, Patient centred, Communication with professionals; Manages difficult situations</li> </ul>			
Health advocacy	○Yes ○No		
<ul> <li>Advocates for patient care, for community, for self and colleagues</li> </ul>			
Leadership and Management	○Yes ○No		
<ul> <li>Ability to lead; Leads in clinical context; Manages in a team; Engages in operational leadership</li> </ul>			
Professionalism	○Yes ○No		
<ul> <li>Upholds behaviours; Commitment to patient centred care; Supports institution's ability to care for patients</li> </ul>			
Scholarship and teaching	○Yes ○No		
- Personal learning; Teaching & educating others			

### OVERALL RATING

At (or above) Performance Expectation
Below Performance Expectation (Support Plan required – please advise your hospital supervisor and Helen@nzags.co.

L	0	GB	О	O	K	1A	ND	AC.	ΤIV	/TI	IES

Logbook rating (target: 100 majors per 6month term) - comments?

**Primary operator rate - comments?** 

(targets GSET1 20%, GSET2 30%, GSET3 40%, GSET4 50%, GSET5 60%)

Minimum number of FDAs attempted (target 6) - comments?

### **FEEDBACK**

**General feedback comments required:** 

- Please provide at least one example of an area where trainee consistently performs well:
- Please provide at least one example of an area that the trainee can focus on for future improvement:

Satisfactory

Satisfactory

Not Satisfactory

Not Satisfactory





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	Aotearoa New Zealand	Commi
	In-Training	Assess
Trainee Information		
Trainee Name:		
GSET Year:	GSET1 GSET2 GSET3 G	GSET4 C
	Extended Training GSET3 () Ext	ended Train
Hospital Name:		
Team Members Consult	ed for this assessment (include n	ames of all
Name	,	Name
Arrange meeting with Ensure this assessme nit Supervisor – Review Trainee prograges that follow, charainee, and any area Consult with other many Complete all the sum	etency milestones (on colourer is supervisor to discuss int is signed and dated by your ress for each relevant GSET leve ecking that they still meet thos where they (or you) indicate t embers of the unit and then m imary boxes below; Sign and di	el milesto e of previ hat the es
LOGBOOK AND ACTIVTI		
Primary operator rate - (targets GSET1 20% Minimum number of EP	6, GSET2 30%, GSET3 40%, GSET4 As attempted (target 6) - comme	1 <mark>50%</mark> , GSI nts?
Minimum number of PB	As attempted (target 3) - comme	nts?
- Research (requi	(target: 2 per term for GSET 1 & 2 irement: pre-approval in GSET 1 o, CCTSP, EMST, Sedation training,	r 2)
FEEDBACK		
General feedback comm	nents required:	
<ul> <li>Please provide</li> </ul>	at least one example of an area v	vhere trair

Please provide at least one example of an area that the train

COMPETENCIES	
Review competencies below: At this point in their training, is the Trainee performing at the expected	Is the trainee
standard for their level of training? i.e. are they satisfactorily progressing towards, or achieving, the	performing at
milastones at their level?	avpacted laval?

COMPETENCIES		
Review competencies below: At this point in their training, is the Trainee performing at the expected standard for their level of training? i.e. are they satisfactorily progressing towards, or achieving, the milestones at their level?		
If "no" then document in the relevant sub-competency milestones on the following coloured pages and suggest a Support Plan for the trainee		
Medical expertise	Yes \( \cap \) No	
- Patient assessment; Knowledge of basic & clinical sciences; Diagnoses, Management plans		
Judgement and Clinical Decision Making - Judgement in professional activities and in decisions involving individual patients	Yes \( \) No	
Technical expertise - Adequate preparation for procedures; Effective and safe performance	Yes \( \) No	
Collaboration and team-work	Yes \( \cap \) No	
<ul> <li>Valued &amp; effective member of the team; Enhances team dynamics</li> </ul>		
Communication - Effective skills, Patient centred, Communication with professionals; Manages difficult situations	○Yes ○No	
Health advocacy - Advocates for patient care, for community, for self and colleagues	Yes \( \) No	
Leadership and Management - Ability to lead; Leads in clinical context; Manages in a team; Engages in operational leadership	Yes \( \cap \) No	
Professionalism		
- Upholds behaviours; Commitment to patient centred care; Supports institution's ability to care for patients	Yes \( \) No	
Scholarship and teaching		
- Personal learning; Teaching & educating others		

Communication continued					At performance expectation	
Competency	Sub-competencies	GSET 1 Milestones	GSET 2-3 Milestones	GSET 4-5 Milestones	Trainee	Superviso
C3: Demonstrates effective communication with healthcare professionals (continued)	Displays adaptable communication techniques that promote patient safety in all clinical environments	Displays adaptable communication techniques on the wards that promote patient safety	Displays adaptable communication techniques in the operating theatre that promote patient safety including leading time outs	Displays adaptable communication techniques in all clinical situations	○ no	Ono
		Demonstrates respectful communication with all team members	Ac lots the information delivered to the needs of the recipient health staff	Promotes effective communication by all members of the surgical team	○no	○ no
C4: Manages difficult communication situations	Utilises effective techniques for communicating in difficult situations	awareness of situations that may be challenging and seeks assistance as required	Addresses difficult situations and seeks assistance when required	Takes responsibility for the management of difficult situations	○ no	○ no
		Demonstrates awareness of techniques for speaking up	-	Promotes an environment where speaking up is supported	○no	○ no
	Utilises effective techniques for conflict resolution	Identifies pathways by which conflict can be resolved	Raises issues in a timely manner to attempt resolution	Constructively participates in conflict resolution	○no	○ no
Supervisor – <u>Com</u> Milestone #:	nmunic tion Recomm	nendations for future d	evelopment where Su	pervisor answer above	e was "n	ο"
Milestone #						
Comments where	e Trainee has indicate	ed "no" but Supervisor	disagrees?			

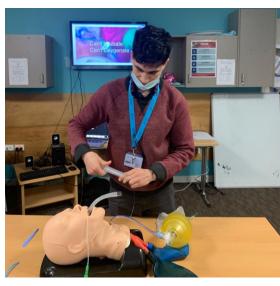
OVERALL RATING	
<ul><li>At (or above) Performance Expectation</li><li>Below Performance Expectation (Support Plan required -</li></ul>	<ul><li>please advise your hospital supervisor and Helen@nzags.co.nz)</li></ul>
Signatures required: (Forms will be deemed invalid if the	is section is not completed)
Signature – Unit Supervisor I hereby verify that all consultants on the unit have contributed logbook data has been discussed with the Trainee.	ited to this assessment and that the assessment and
Name: Signature:	Date:
Signature – Trainee	
I have sighted the assessment on this form:	☐ Yes ☐ No
I have discussed the assessment with my unit supervisor and	d/or hospital supervisor: 🗆 Yes 🗆 No
I agree with the assessment on this form:	☐ Yes ☐ No
Name: Signature:	Date:
Signature – Hospital Supervisor I have sighted the assessment and I am satisfied the Trainee	e has participated in the assessment process.
Name: Signature:	Date:

# Feedback & questions?

helen@nzags.co.nz

# The Program – Key Points





- Clear requirements with many principals remaining the same
- Curriculum & syllabus, with milestones
- EPA & PBA requirements are new
- Progression through now has clearly defined steps
  - normal progression
  - extended learning available
  - below performance expectation clear

