

NZAGS 2022 ASM

A systematic review and network meta-analysis comparing treatments for chronic anal fissure

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James JIN, Brittany PARK, Molly-Olivia HARDY,
Hanson UNASA, Melbourne MAUILIU-WALLIS, Andrew HILL



**MEDICAL AND
HEALTH SCIENCES**
SCHOOL OF MEDICINE

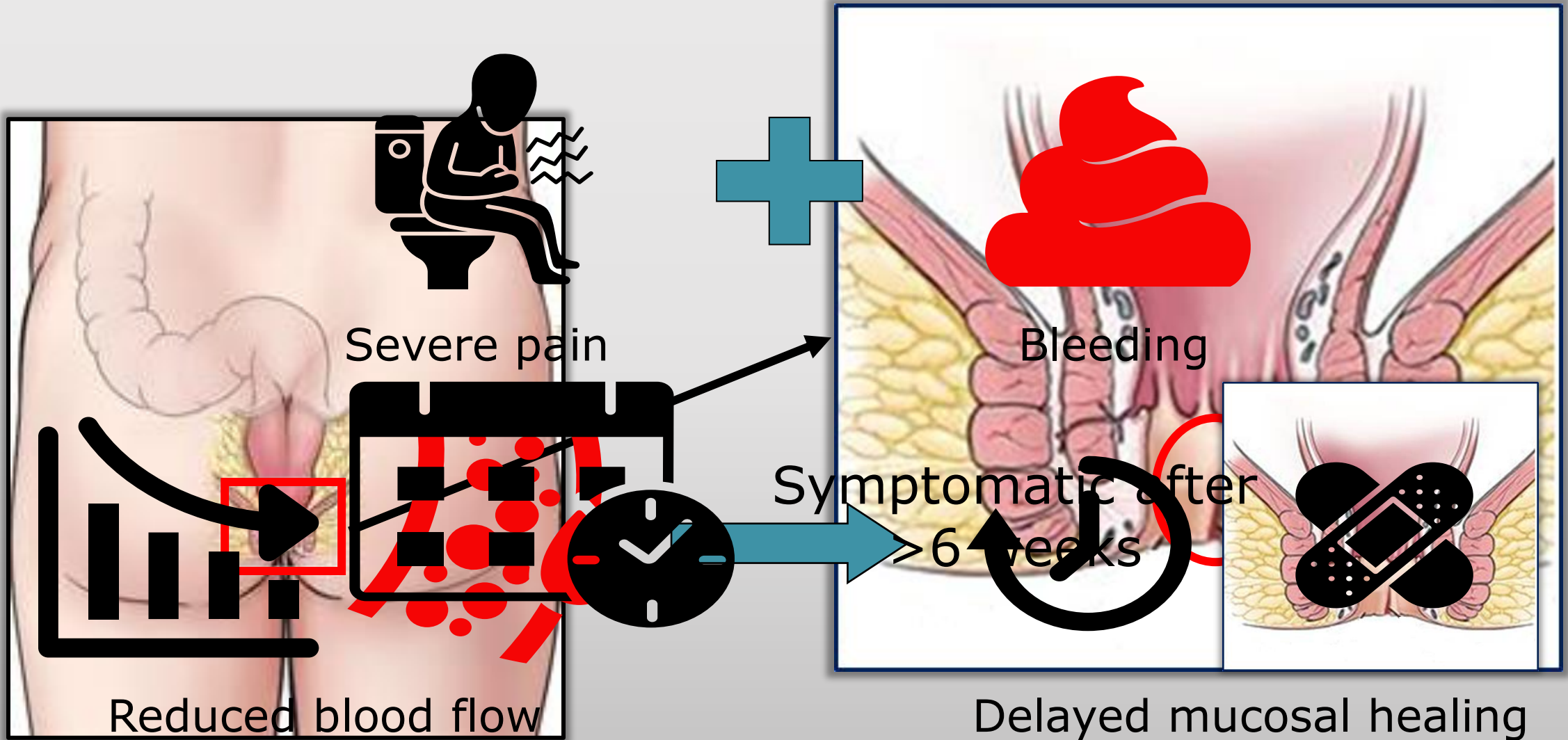


Declaration of Interests

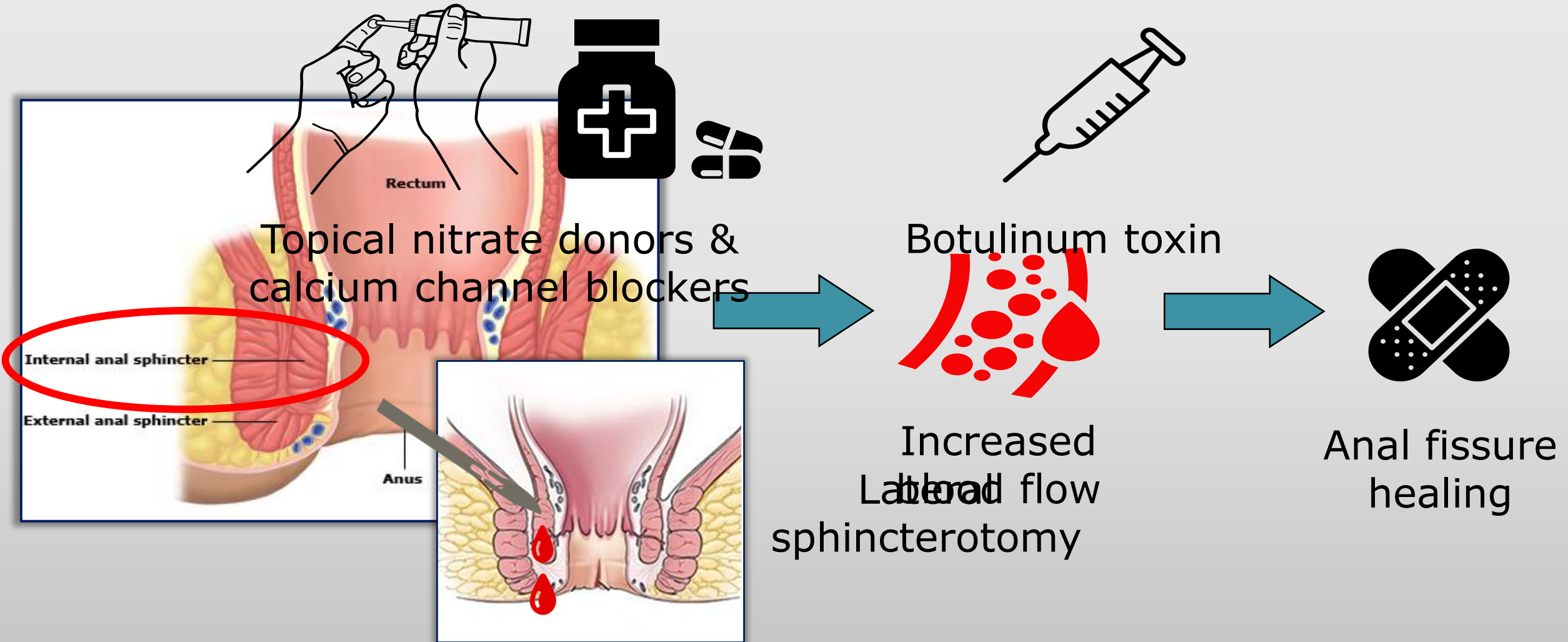
- No conflicts of interest or personal disclosures



Chronic Anal Fissure & Fissure



Treatment of Chronic Anal Fissure



Rationale

Tech Coloproctol (2014) 18:693–698
DOI 10.1007/s10151-014-1121-4

ORIGINAL ARTICLE

Botulinum toxin injection versus lateral internal sphincterotomy for chronic anal fissure: a meta-analysis of randomized controlled trials

H.-L. Chen · X.-B. Woo · H.-S. Wang ·
Y.-J. Lin · H.-X. Luo · Y.-H. Chen ·
C.-Q. Chen · J.-S. Peng

Int J Colorectal Dis (2009) 24:995–1000
DOI 10.1007/s00384-009-0683-5

REVIEW

Systematic review and meta-analysis of randomized controlled trials comparing botulinum toxin injection with lateral internal sphincterotomy for chronic anal fissure

Van-Jin Sha · Zhi-Kun Zhang

Meta-Analysis

doi:10.1111/j.1463-1787.2017.01387.x

Botulinum toxin vs glyceryltrinitrate for the medical management of chronic anal fissure: a meta-analysis of randomized controlled trials

M. S. Sajid*, B. Vijaynagar*, M. Desai*, E. Cheek† and M. K. Bala

*Department of Colorectal Surgery, Worthing Hospital, Worthing, West Sussex and †Department of Colorectal Surgery, University of Brighton, Brighton, UK

Received 11 July 2007; accepted 3 August 2007

review

doi:10.1111/codi.13969

Botulinum toxin injection vs topical nitrates for chronic anal fissure: a systematic review and meta-analysis of randomized controlled trials

M. S. Sajid*, E. Cheek†, S. R. Walsh* and D. Beddy‡

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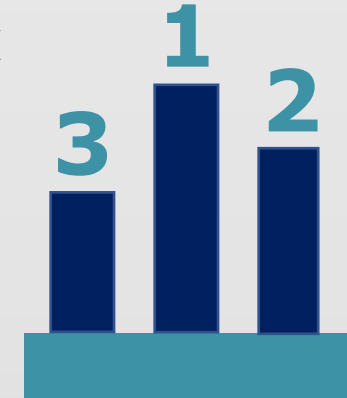
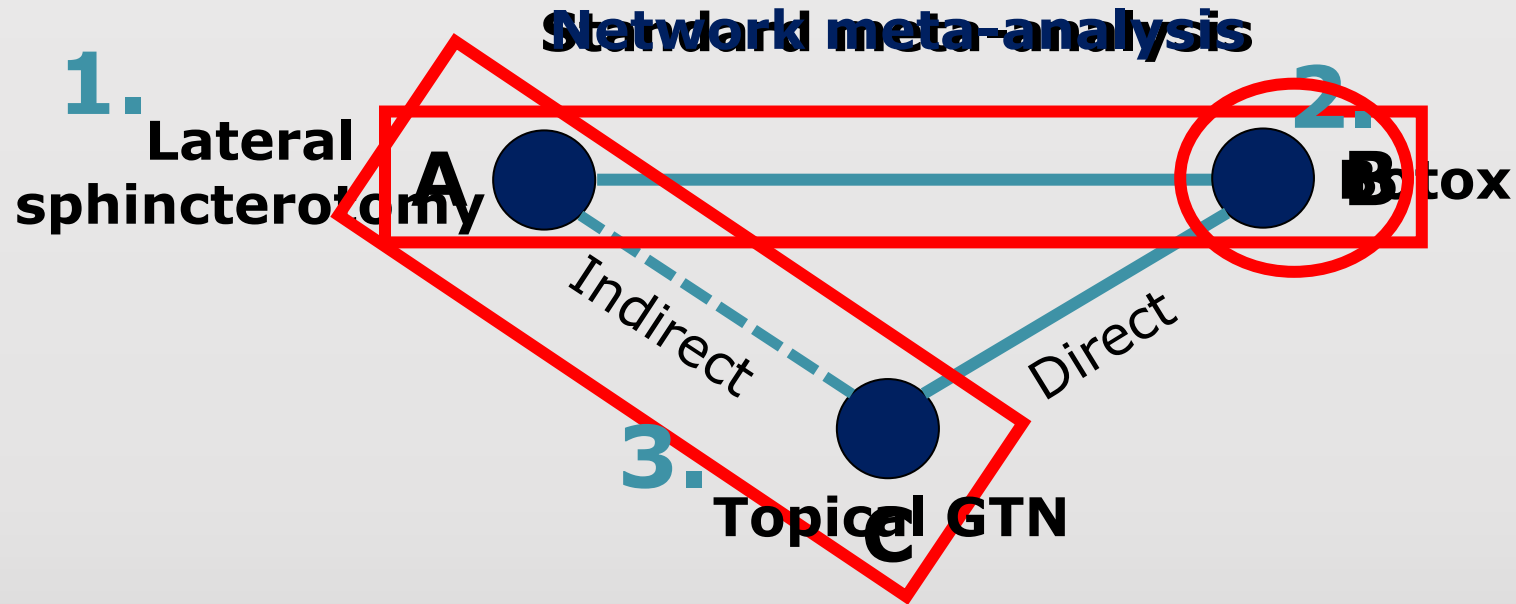


Aims

*To evaluate the relative efficacy and risk of
different treatments for chronic anal fissure*



Methods



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DOI 10.1007/s10151-014-1121-4

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H.-L. Chen · X.-B. Woo · H.-S. Wang ·
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Meta-Analysis

doi:10.1111/j.1463-1318.2007.01387.x

Botulinum toxin *vs* glyceryltrinitrate for the medical management of chronic anal fissure: a meta-analysis

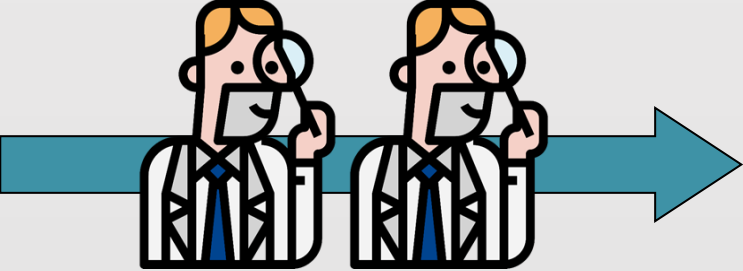
M. S. Sajid*, B. Vijaynagar*, M. Desai*, E. Cheek† and M. K. Baig*

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Received 11 July 2007; accepted 3 August 2007



Methods: Search Strategy

January 1990  February 2021

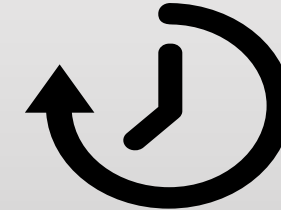
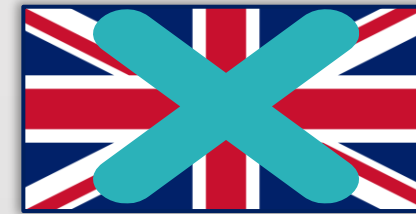
 +  + 

↓
("anal fissure" OR "fissure-in-ano") AND
("randomized controlled trial" OR "clinical trial")

Methods: Study Selection



RCTs



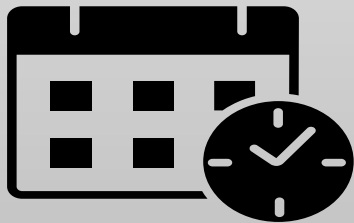
Pre 1990



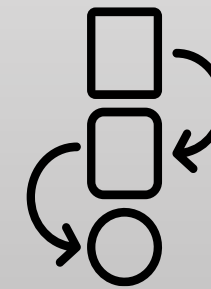
vs.



vs.



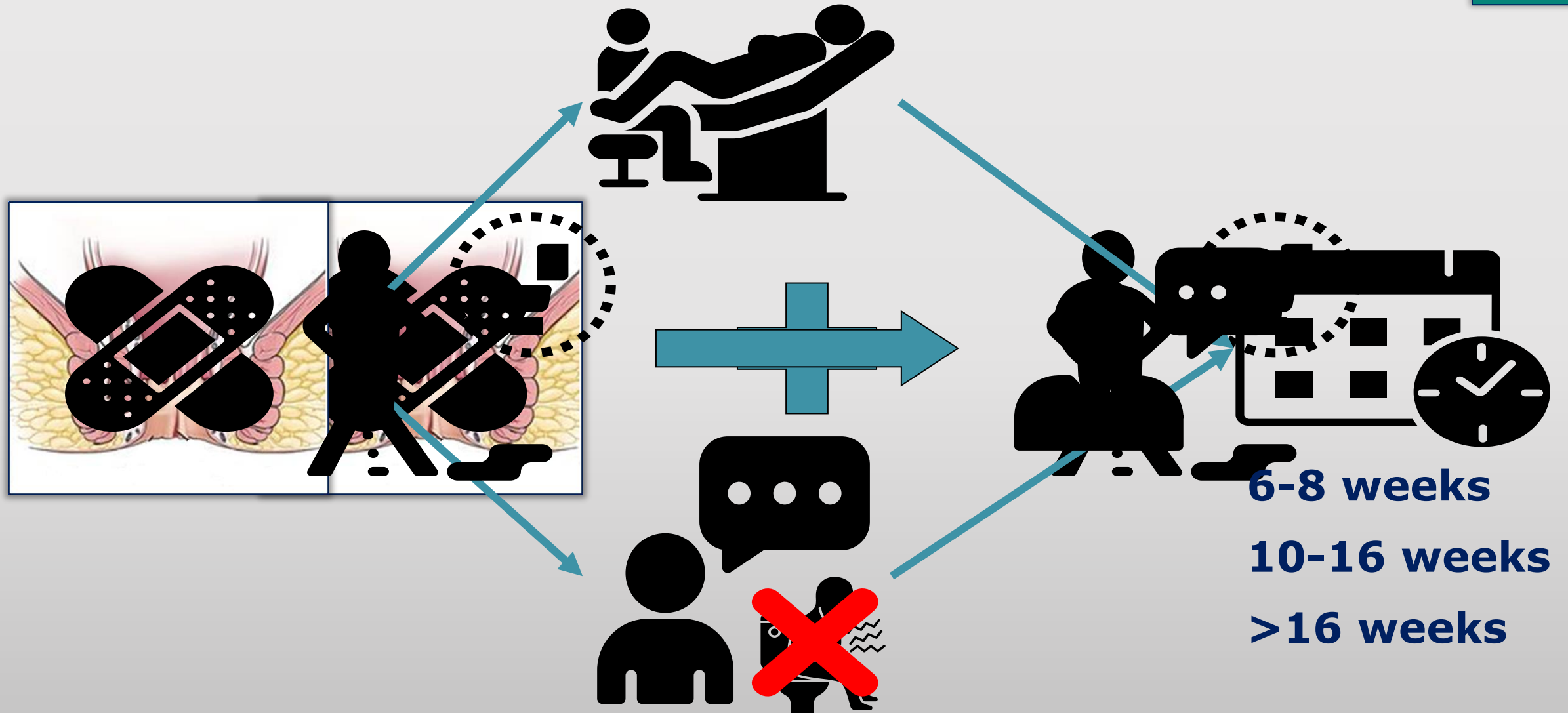
Symptoms >6 weeks



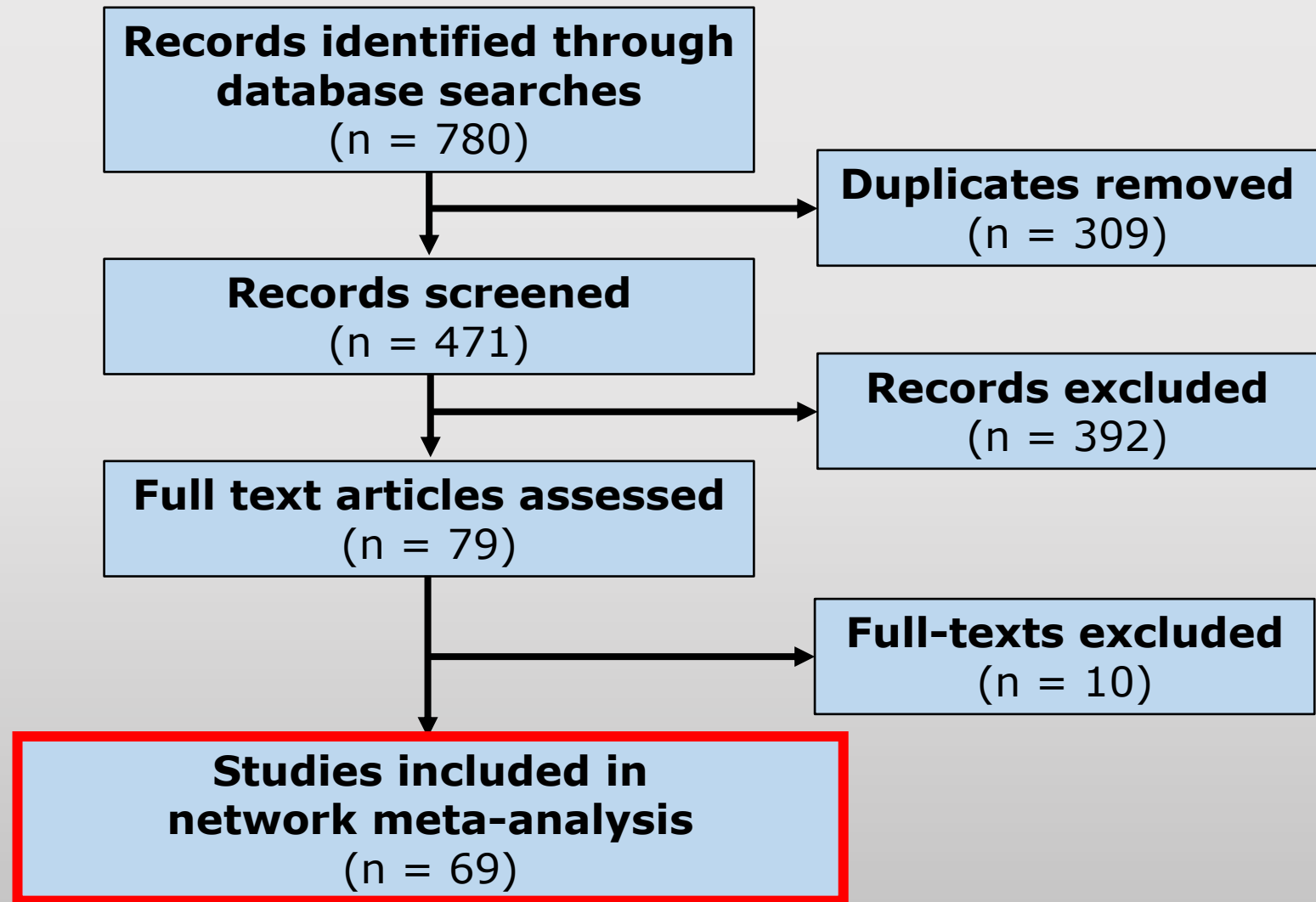
Variations in:

- Surgical Tx
- Medical Tx
- Botox doses

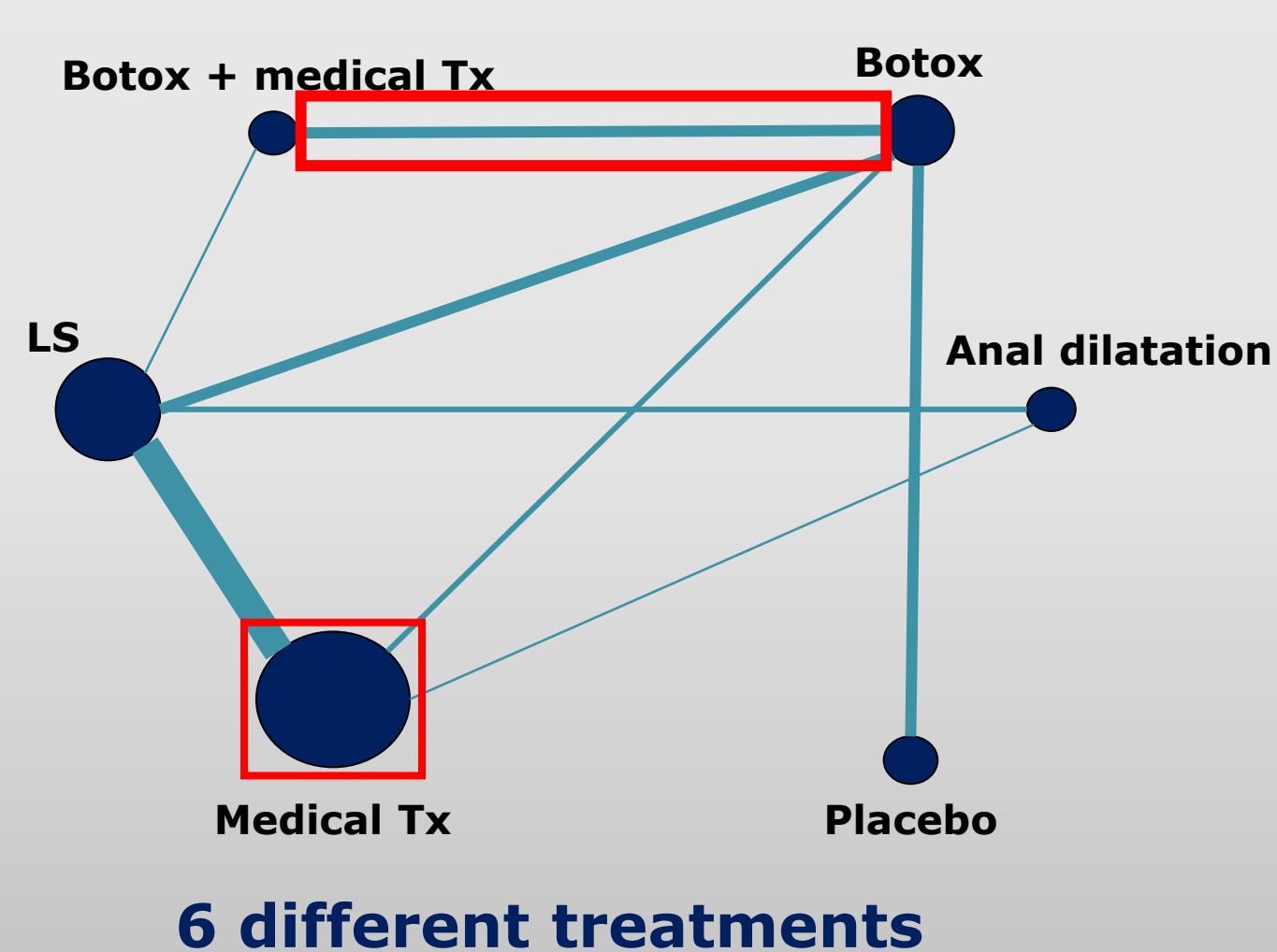
Methods: Outcome Measures



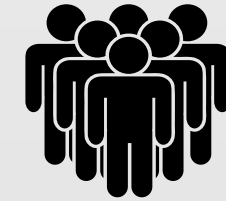
Results: Study Selection



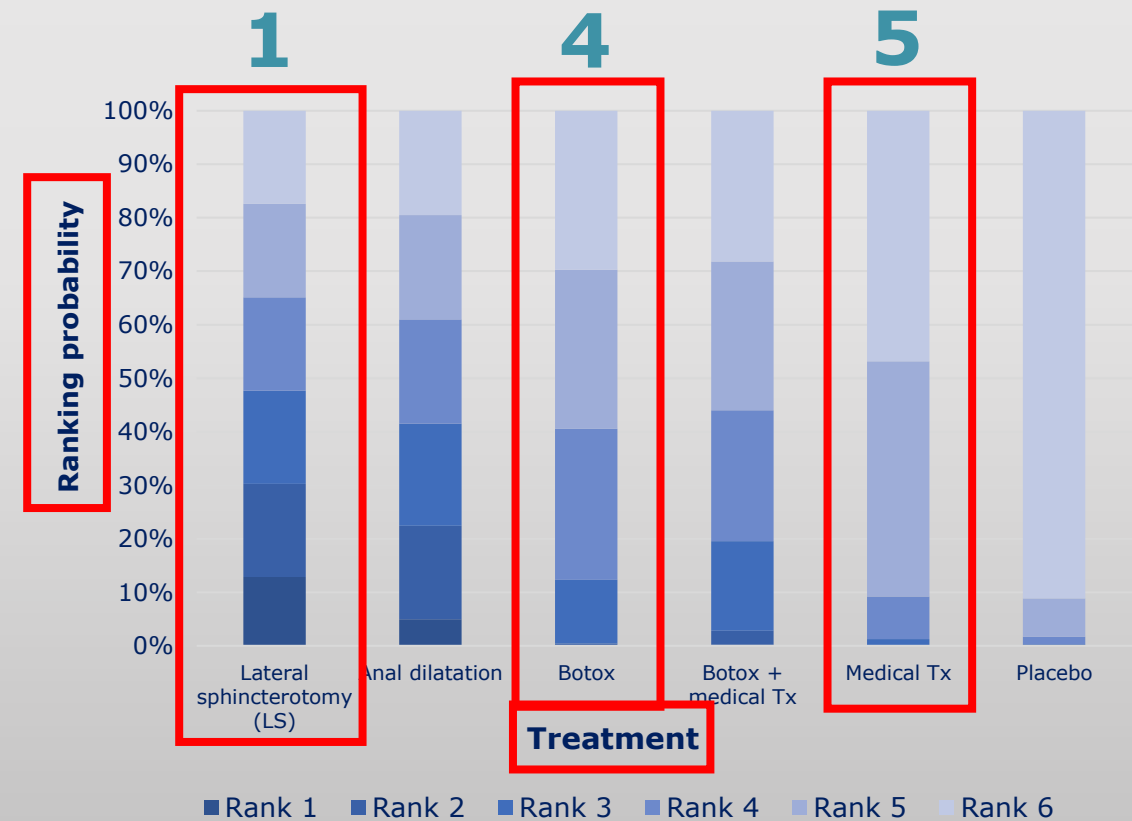
Results: Healing (6-8 weeks)



43
RCTs



3,646
patients

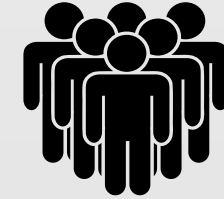


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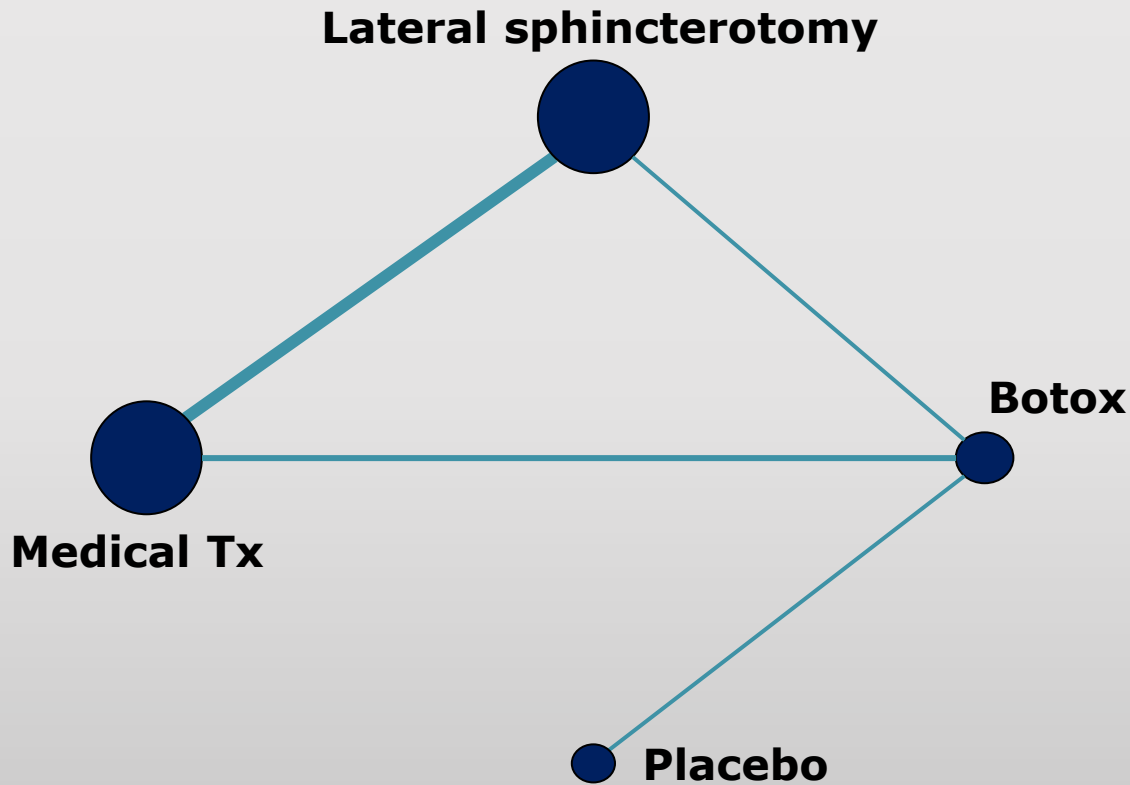
Results: Healing (10-16 weeks)



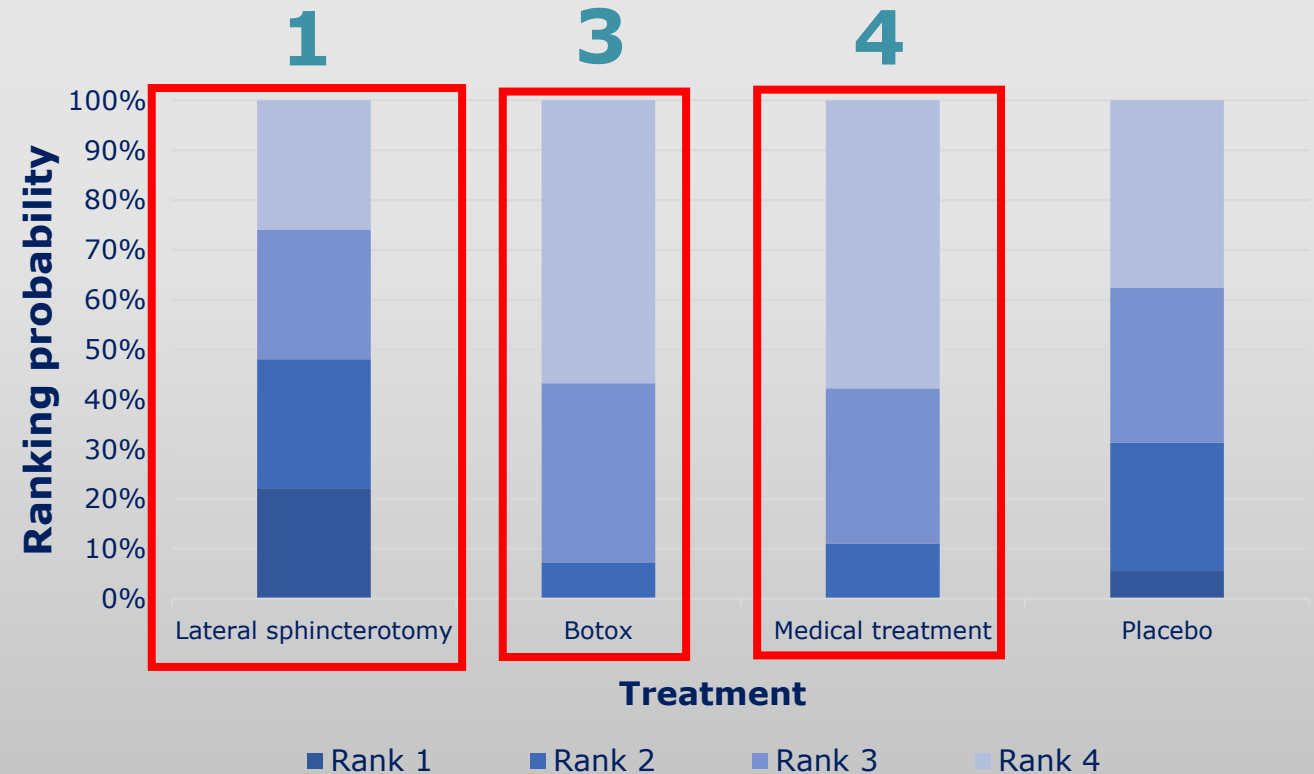
16
RCTs



986
patients



4 different treatments



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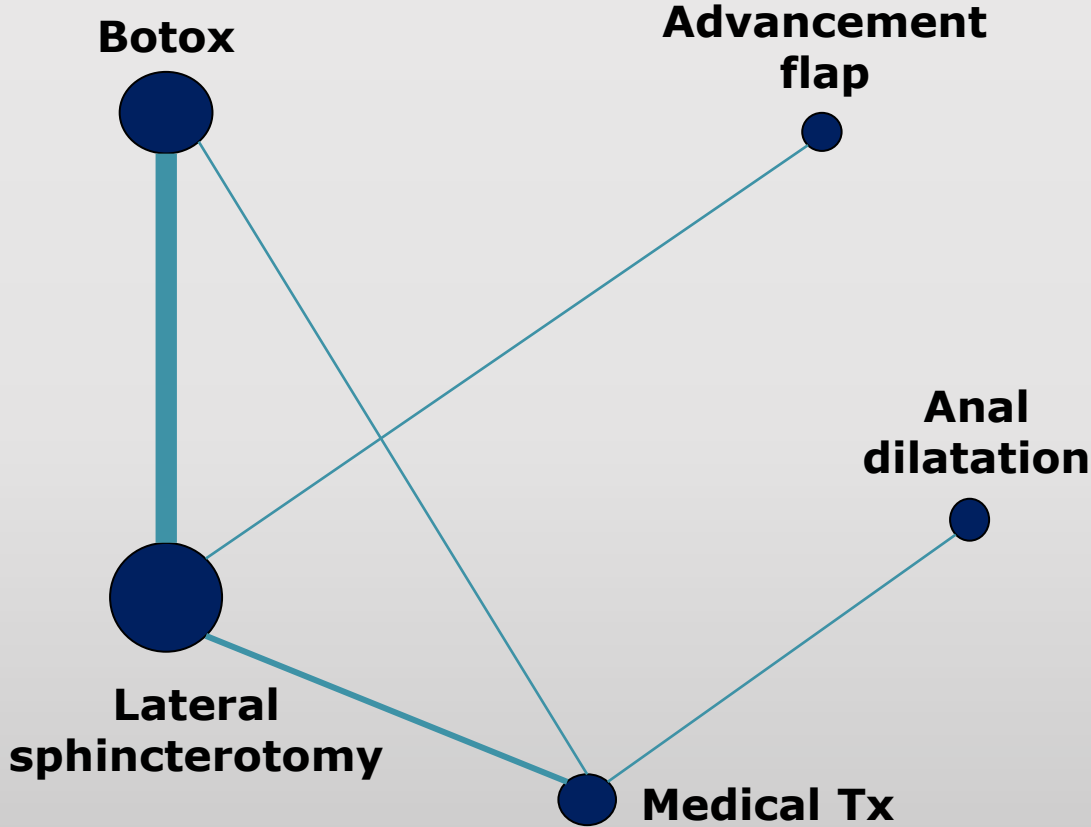
Results: Healing (>16 weeks)



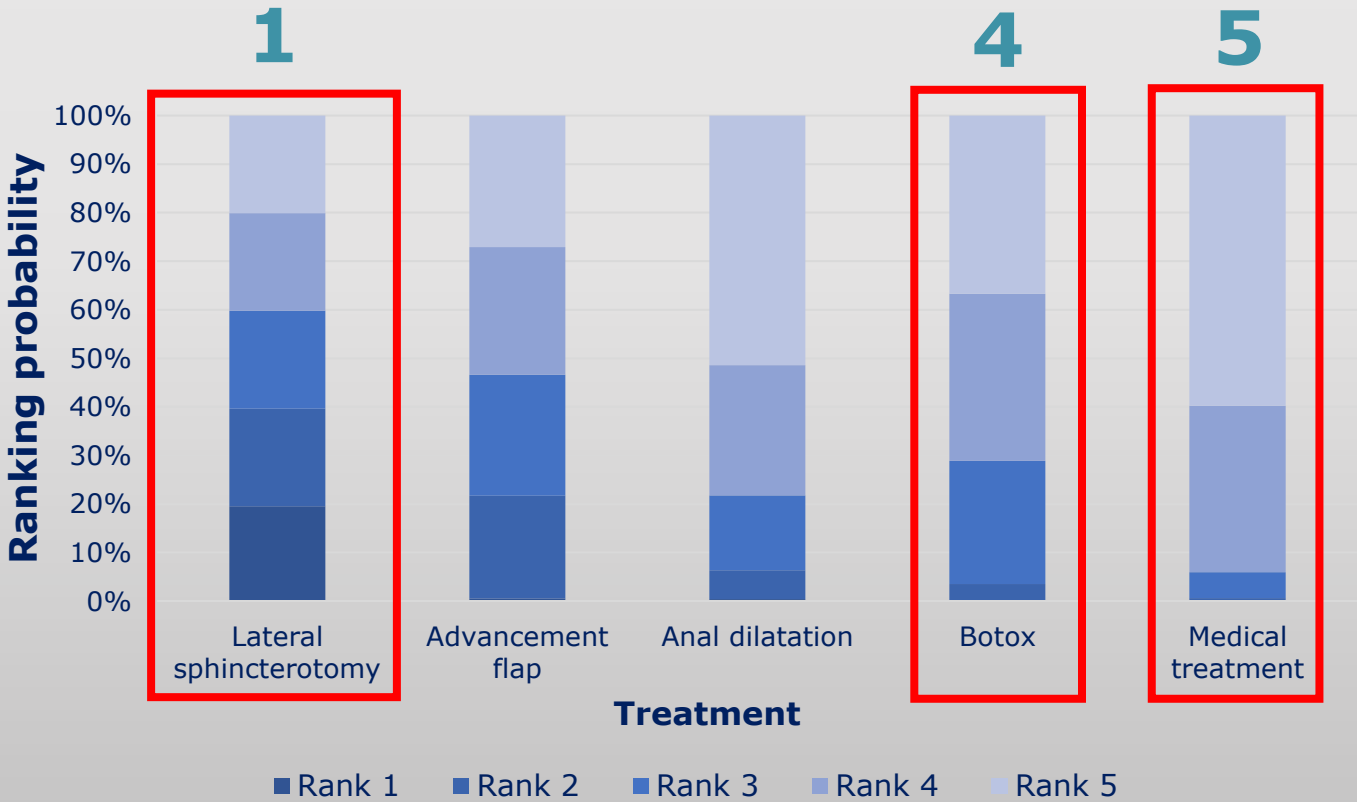
17
RCTs



1,345
patients

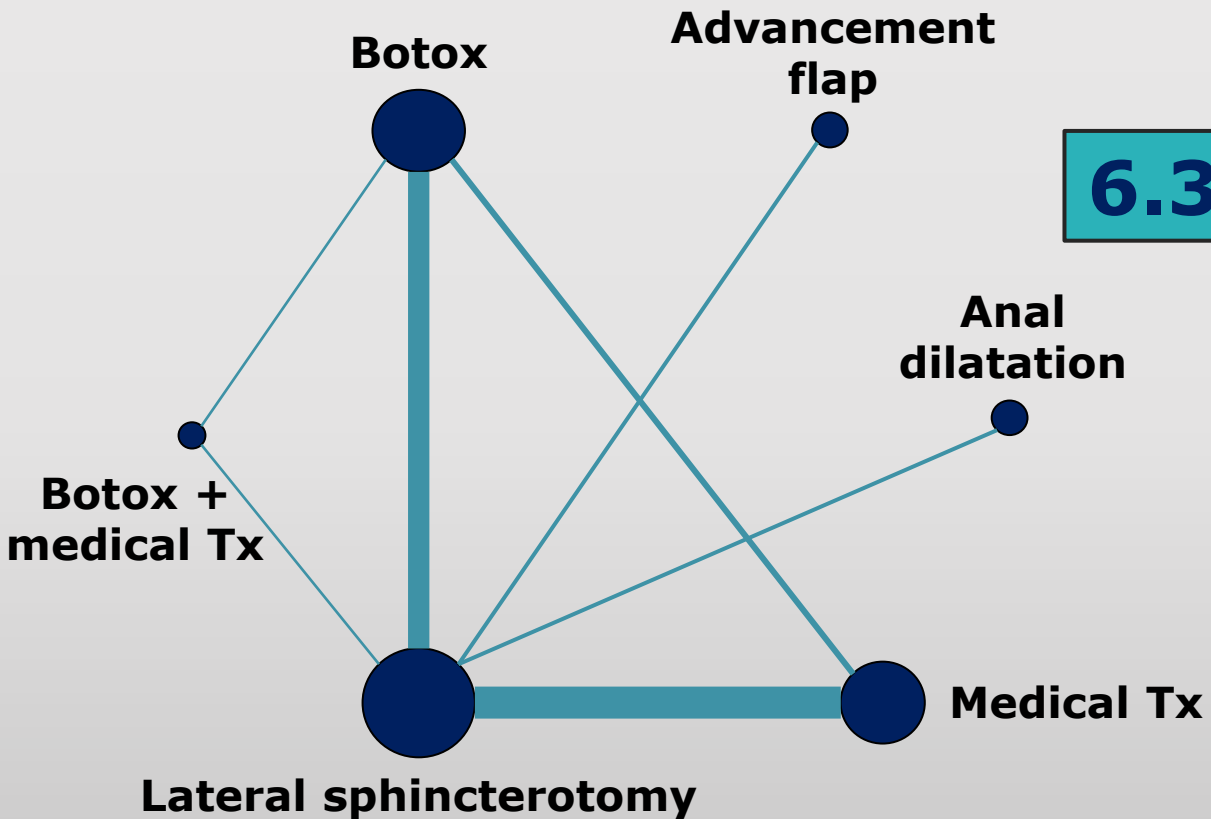


5 different treatments



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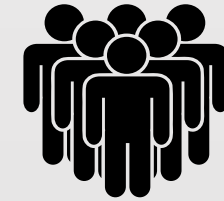
Results: Faecal Incontinence



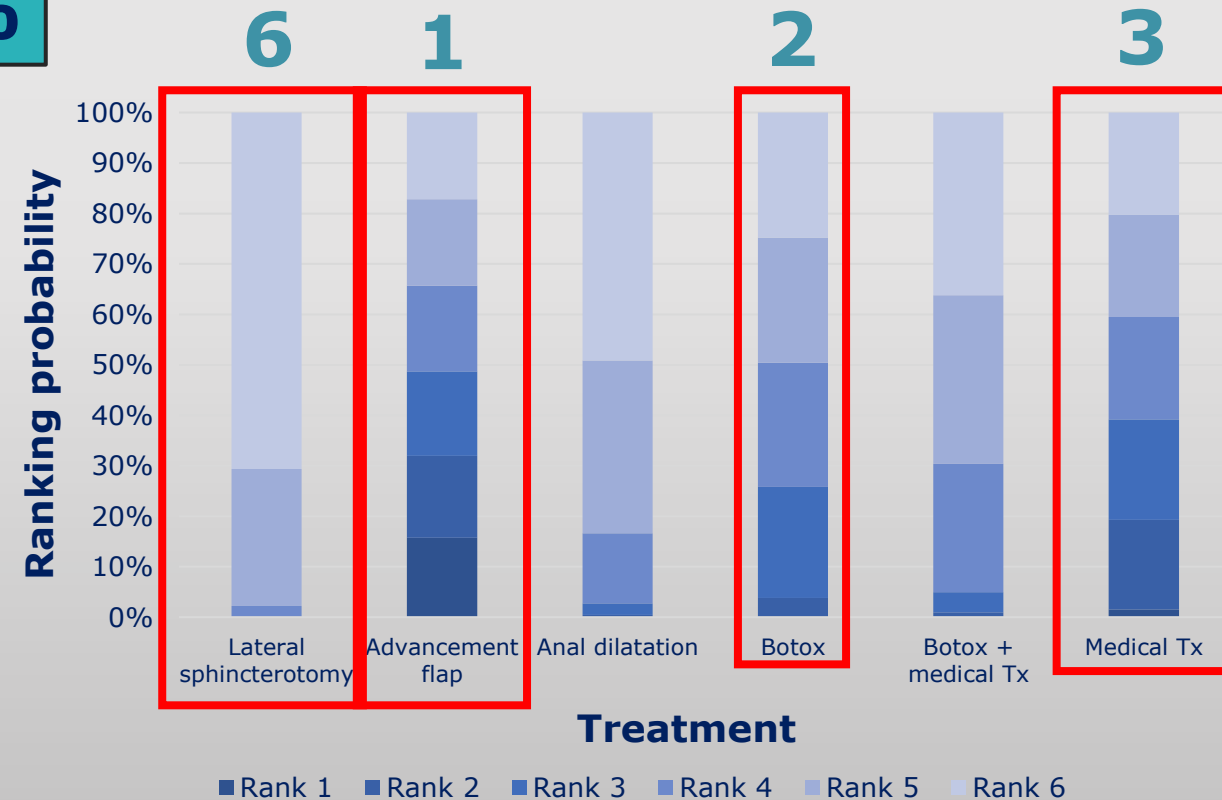
6 different treatments



35
RCTs

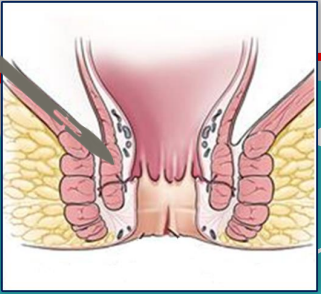


3,504
patients



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Conclusions



*Medical agents or botox should be used as **first-line therapy** for chronic fissures due to their comparatively **lower rates of faecal incontinence**.*

*Definitive treatment with **lateral sphincterotomy** should only be considered when these initial therapies have failed to achieve healing.*



incontinence amongst all treatments compared

CLINICAL PRACTICE GUIDELINES

Clinical Practice Guideline for the Management of Anal Fissures

David B. Stewart, Sr., M.D. • Wolfgang Gaertner, M.D. • Sean Glasgow, M.D.
John Migaly, M.D. • Daniel Feingold, M.D. • Scott R. Steele, M.D.

Prepared on behalf of the Clinical Practice Guidelines Committee of the American Society of Colon and Rectal Surgeons

Colorectal Disease



Original Article | [Full Access](#)

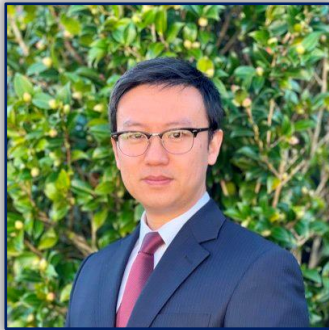
Treatment of anal fissure: a survey of surgical practice in Australia and New Zealand

J. Siddiqui, G. E. Fowler, A. Zahid, K. Brown, C. J. Young ✉

First published: 09 November 2018 | <https://doi.org/10.1111/codi.14466> | Citations: 5



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journal homepage: www.elsevier.com/locate/surg



Colon/Rectum/Anus

A systematic review and network meta-analysis comparing treatments for anal fissure

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