

**ProVita<sup>®</sup>**

# Probiotic 5 Billion

**Probiotics**  
helps you find your  
**inner peace**



***Probiotic*** with Cranberry  
more effective formulation  
for a healthy digestive and  
urinary tract system in women<sup>2</sup>

with **200mg Cranberry**  
Microencapsulated Beadlets  
Complete Intestinal Health  
45 Vegetarian Capsules

## Over 100 trillion bacteria live in your intestine



85% Good Bacteria<sup>1</sup>

- ▶ help in digestion
- ▶ fight pathogens
- ▶ immune function

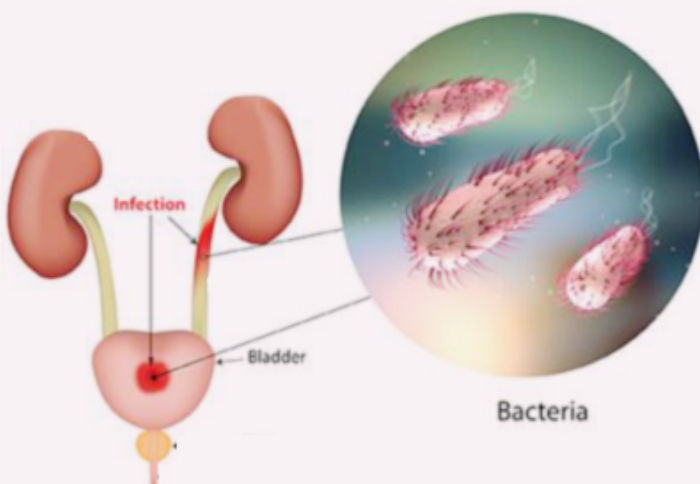
15% Pathogenic Bacteria<sup>1</sup>

- ▶ threaten good bacteria
- ▶ impair digestion
- ▶ cause illness

*Stress infection, anti biotic intake leading to imbalance causing the migration of pathogenic bacteria from intestinal tract into the bladder and vaginal area*



### *Probiotic with cranberry more effective formula*



*Harmful Pathogens enter bladder*

has powerfull anti oxidant  
proanthocyanidinis (PAC) effect

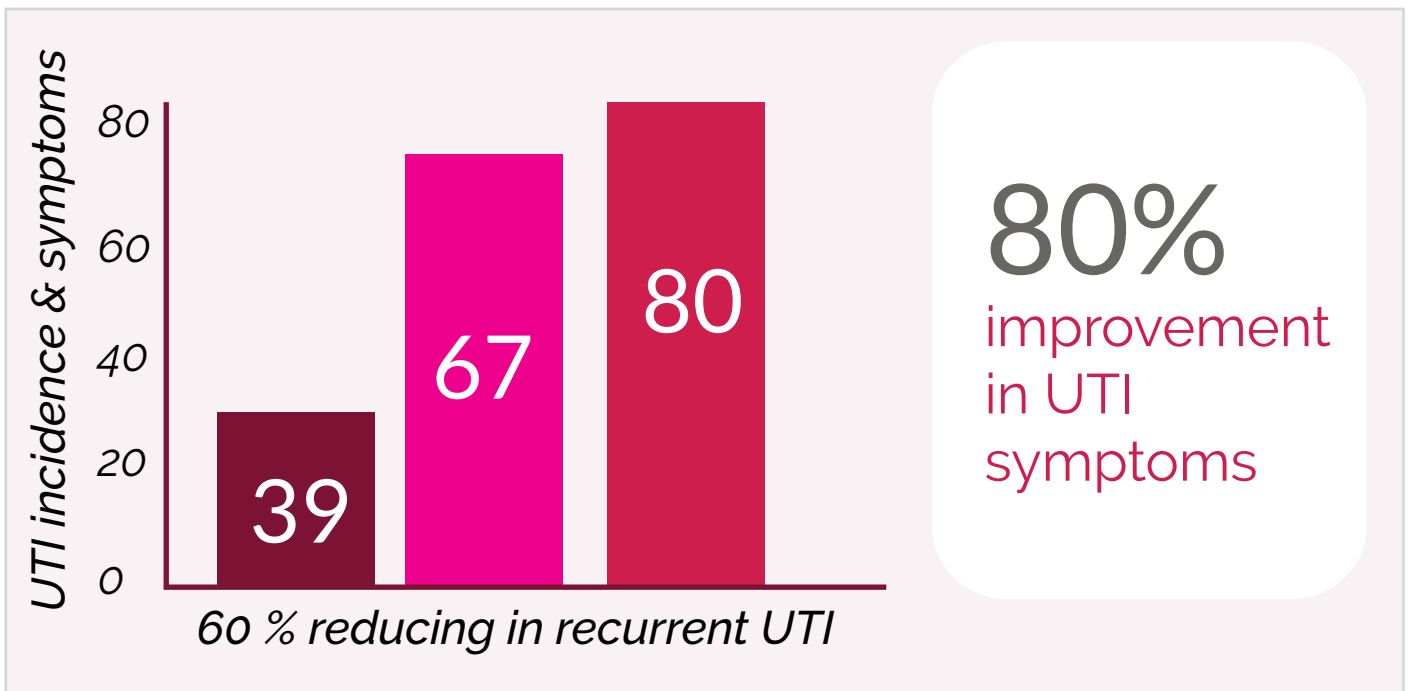
Anti inflammatory effect

Re establish good bacteria in lower  
bowel and eliminate bad one from  
the bladder and UT

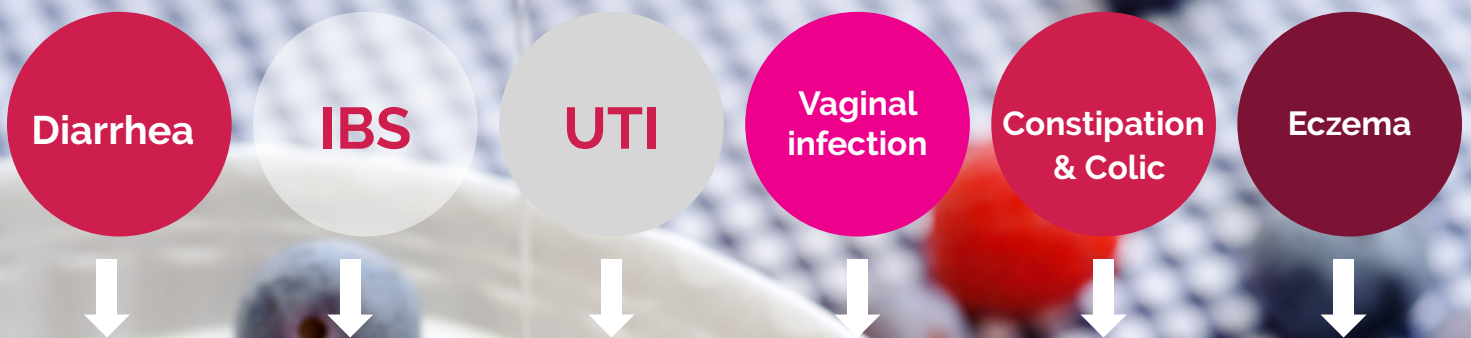
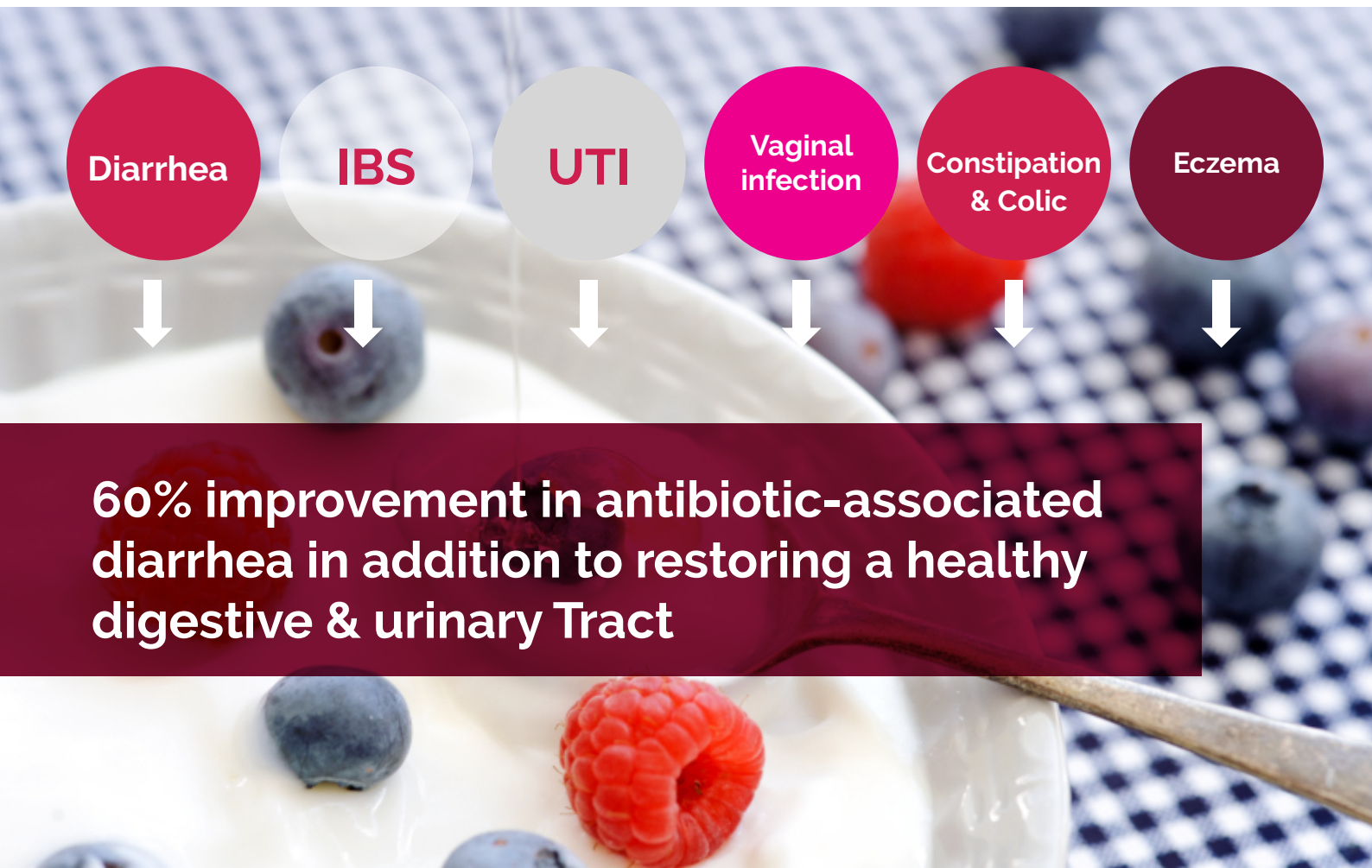
Keep pathogenic bacteria from  
adhering to urinary tract in the bladder

Change PH to acidic PH that enhance  
growing of good bacteria

## Cranberry useful and significantly effective for woman with recurring UTI



*According to Harvard Health Publishing  
Probiotics can aid digestion and help maintain gut health<sup>3</sup>*



**60% improvement in antibiotic-associated  
diarrhea in addition to restoring a healthy  
digestive & urinary Tract**



# More effective probiotic with cranberry proven prevention of UTI with a healthy digestive and urinary tract system in women through multiple benefits of daily use



- ▶ *Natural cleansing of the intestinal tract*
- ▶ *Prevent recurrent UTI*
- ▶ *Regulate bowel function (diarrhea & constipation)*
- ▶ *Enhance absorption of vitamins*
- ▶ *Helps manage lactose intolerance*

## Each Capsule Contains:

**5 billion\* active cells of the following specially cultured strains of probiotics**

Total bacterial culture.....	5 billion cfu <sup>†</sup>
<i>Lactobacillus rhamnosus</i> (HA-111) (whole cell).....	30%.....1.5 billion cfu <sup>†</sup>
<i>Lactobacillus acidophilus</i> (HA-122) (whole cell).....	30%.....1.5 billion cfu <sup>†</sup>
<i>Lactobacillus casei</i> (HA-108) (whole cell).....	15%.....0.75 billion cfu <sup>†</sup>
<i>Bifidobacterium longum</i> subsp. <i>Longum</i> (HA-135) (whole cell).....	15%.....0.75 billion cfu <sup>†</sup>
<i>Lactobacillus fermentum</i> (HA-179) (whole cell).....	10%.....0.5 billion cfu <sup>†</sup>
Cranberry ( <i>Vaccinium macrocarpon</i> ) 36:1 Concentrate (fruit) .....	200mg

## Dosage

*1 capsule 3 times daily with meals take at least 2-3 hours before or after antibiotic  
Duration of therapy use for a 4 weeks to see beneficial effects*

### References:

- 1.) <https://naturalfactors.com/articles/balancing-both-good-bad-bacteria-for-gut-health/>
- 2.) *The Journal of Nutrition*, Volume 147, Issue 12, December 2017, Pages 2282–2288, <https://doi.org/10.3945/jn.117.254961>
- 3.) <https://www.health.harvard.edu/vitamins-and-supplements/health-benefits-of-taking-probiotics>