



# ForTuss

OTOSAN®

**Calms dry and productive cough,  
protecting the mucosa.**



**ForTuss** promotes the excess mucus discharge and creates a protective layer on the mucosa, providing protection from irritating external agents (pathogenic agents, cold weather, pollution, dust). It is suitable for adults and children (from one year of age).

### **Particularly useful for:**

- Calming dry and productive cough symptoms
- Helps to eliminate phlegm of the upper respiratory tract

### **Dosage:**

- Children from 1 to 6 years of age: take 5 ml, 2-4 times a day.
- From 6 years of age: take 15 ml, 2-4 times a day.



**WITH PURE  
MANUKA  
HONEY**

**Manufactured in Italy**

# THE ACTION OF ITS COMPONENTS



## **Manuka honey- Anti-bacterial action**

Is a dark monofloral honey rich in phenolic content, and currently it is gaining much attention for its antimicrobial activity. Research has shown that Manuka honey has medicinal properties of interest and it can be beneficial even when used as a combination treatment with other antimicrobial agents.

## **Grindelia robusta extract - Anti inflammatory action**

Grindelia plant is an erect biennial or perennial herb or small bush that grows up to 1 m high, often branched above. Several studies about this precious plant, have demonstrated anti-inflammatory and expectorant activities.



## **Plantain (Plantago major) extracts Fluidifying and anti-inflammatory action**

It is well-known among herbalists as one of the best, most readily-available herbs for first aid. It is used for coughs and bronchitis, Plantain is considered anti-inflammatory in both internal and external uses; tests have shown that this may be due to plantain's iridoid glycoside content, which seems to suppress prostaglandin formation.

## **Helichrysum italicum extracts - Anti-bacterial action**

Helichrysum is a common, traditionally used medicine. It reportedly has anti-inflammatory, antifungal and antibacterial properties. Helichrysum extracts have antimicrobial properties that help fight colds and coughs, that can cause inflammation in airways and inside the nose. Evidence also shows that helichrysum also help reduce inflammation.



## **Myrtle (Myrtus communis), Orange (Citrus sinensis) and Lemon (Citrus lemon) essential oils**

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## **Organic Multiflora Honey (Apis Mel) – Fluidifying action**

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