

Theatre skills for the business world

Misty Megia



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Today's speaker



Misty Megia @mistymegia

Misty Megia

Professional Director and Actor

Global Head of the ProAdvisor Program

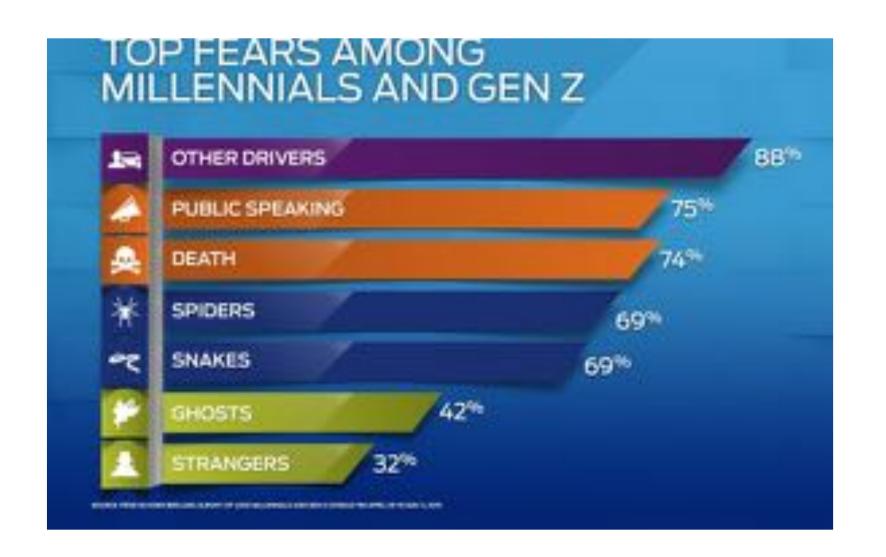
Overall Nerd





Acting is behaving truthfully under imaginary circumstances

Stanford Meisner





What changed?

Dance Choreography Theatre



The good the bad and the oh no!



#QBConnect

Forgot Lyrics

Screw it!

One for Later...



@MistyMegia



The human brain starts working the moment you are born and never stops until you stand up to speak in public.

George Jessel

Agenda

Scoring a Script
Adjectives
Punctuation
Body Language
Improv



The boys get up from their seats and gather around Keating in the center of the class.

KEATING

We don't read and write poetry because it's cute. We read and write poetry because we are members of the human race. And the human race is filled with passion. Medicine, law, business, engineering, these are all noble pursuits, and necessary to sustain life. But poetry, beauty, romance, love, these are what we stay alive for. To quote from Whitman: "O me, o life of the questions of these recurring, of the endless trains of the faithless, of cities filled with the foolish. What good amid these, o me, o life? Answer: that you are here. That life exists, and identity. That the powerful play goes on, and you may contribute a verse. That the powerful play goes on and you may contribute a verse.

Keating looks up at Todd.

Keating What will your verse be?



What is scoring a script?

ys get up from their seats and gather around Keating in the center class.

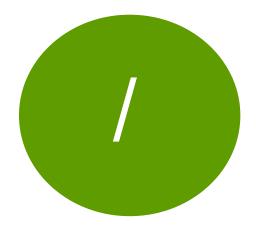
KEATING

We don't read and write poetry because it's cute/ We read and write poetry because we are members of the human race/ And the human race is filled with passion, Medicine / law / business / engineering / these are all noble pursuits and necessary to sustain life / But poetry / beauty / romance (love) these are what we stay (alive for/To quote from Whitman: "O me/ o life of the questions of these recurring! of the (endless trains of the faithless, of cities filled with the foolish / What good amid these, o me, o life? Answer that you are here. That life exists, and identity/ That the powerful play goes on, and you may contribute a verse. That the powerful play goes on and you may contribute a verse. up at Todd.

What is scoring a script?

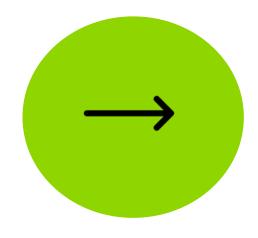


Scoring visual guides



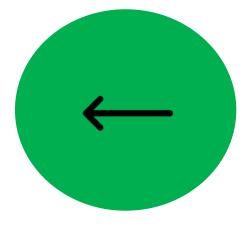
Forward-slash

This is used for a pause in your sentence. Typically just a one second pause



Arrow FW

An arrow pointing forward through your text indicates speeding up



Arrow Back

An arrow pointing to the left indicates areas you want to slow down



Double Lines
Double lines means
a stop



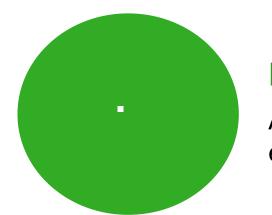
Emphasis



Means emphasize and typically slow down some use double underlines



Managing punctuation



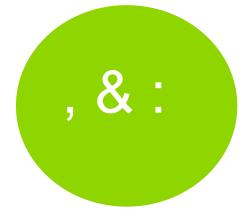
Periods

Are a one second pause for each one



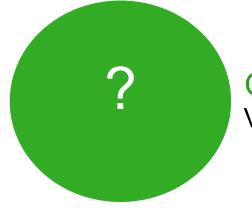
Quotation

Change in tone of the voice or speed of the voice



Commas, & Semicolon

Are a one second pause

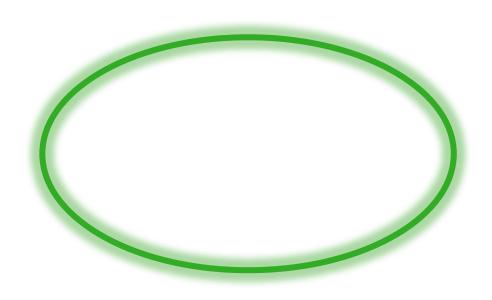


Question Mark Voice should inflect up

op quickbooks.



Color words/ descriptors



- Circle all descriptors
- The day was beautiful
- It cut my heart
- I rushed home to find him, lying on the hard ground
- I was so excited I almost peed my pants





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Score this script or write a few lines of your own and score



Body language



Weight Sensing



Eye Contact



What do I do with my hands



Acting without Words







Personal brand what to consider

Your audience

The story your wardrobe tells

Comfort







Practice

Frequency

How? (Script Test)

- Video
- Friends
- Pets

Rehearsal brings about the best changes





How do you prepare for the unknown?

No one laughs at your jokes

Your tech goes out

You forget your words

A rat crawls out from under your stage into the audience





"Yes and" can help with

Trouble shooting real time

Energy

Brainstorming

Building trust

Confidence

Mental awareness

Physical awareness

Assessing engagement

Communication verbal and non verbal

Thinking on your feet

Using failure as fuel

Deep listening



"Yes and"

"...the 'Yes' in 'Yes And' still represents unconditional acceptance without judging or pre-judging the idea or the person talking.

'And' however, rather than representing only the act of building on someone else's idea, now represents the building of a bridge to your own authentic perspective- to your unique voice and your honest reaction to whatever is being presented."

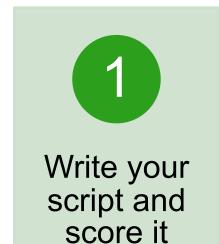
-Bob Kulhan

Getting to "Yes And" The art of Buisness Improv





Things to remember for today



2 Practice

3

Pacing

4

Body Language 5

Fearless



The good the bad and the oh no!







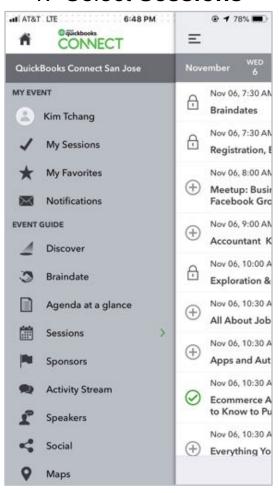
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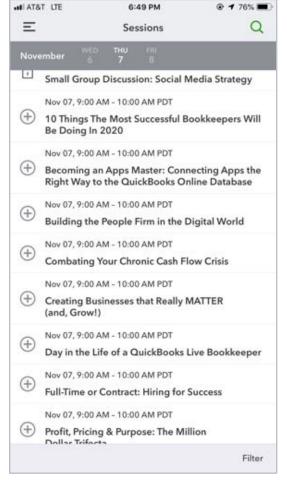
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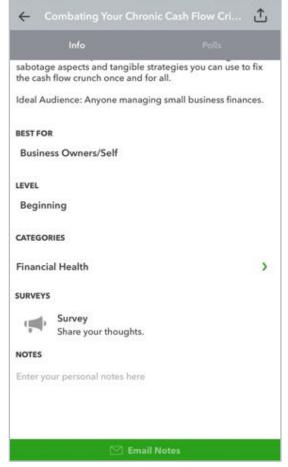
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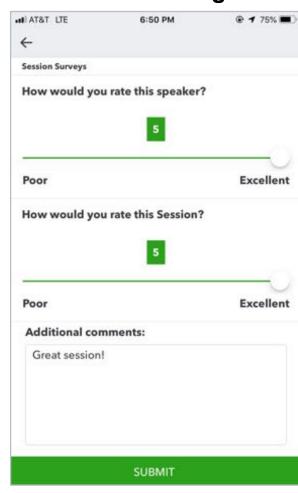
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