

Talise VIP Spa

Side-by-Side Thai Massage

60 minutes

Thai Bodywork - the art of healing - Our expert therapists will use this art of healing, leaving you with extraordinary flexibility and deeply relaxed muscles.

Side-by-Side Massage

60 minutes

A luxurious necessity - Relax together and enjoy a side-by-side massage within your own private spa suite.

Arabian Royal Hammam

60 minutes

Pasha and Sultana - Embrace the ancient traditions of the Ottomans with this royal ritual. The experience begins with an invigorating 'kese' mitt exfoliation followed by skin-cleansing with a hand-made olive oil soap. Drift away on ripples of endless bliss as you both experience a purifying rose or gold body mask. Close your eyes and enjoy the nutrients from the mask start to work their magic and revive your skin.

Talise Ottoman Hammam

Traditional Turkish

45 minutes

Cultural tradition - Begin this authentic body cleansing ceremony in the tranquil ambience of the hammam. Relax and unwind as the gentle heat softens your skin, preparing you for a body exfoliation with a 'kese' mitt on our heated stone bed, followed by soap cleansing with handmade olive oil soap.

Coffee Peeling

60 minutes

Your body's 'wake up call' - This is an innovative hammam treatment utilizing Turkish coffee which refines and smoothes the skin, leaving it firm and toned. Based on the traditional hammam sequence of exfoliation and olive soap cleansing, the ritual finishes with a full-body coffee peeling to awaken the senses, benefiting the skin and mind.

Arabian Rose or Gold Mask Hammam

60 minutes

Ancient tradition - Relive the majestic customs of a traditional Turkish hammam with this deeply cleansing indulgent experience. Begin your journey of self-discovery with a 'kese' mitt exfoliation and olive soap cleansing. Drift away on ripples of endless bliss as you experience a purifying rose or gold body mask. Close your eyes and enjoy the nutrients from the mask that start to work their magic and revive your skin. You will be radiantly refreshed with delicate perfume of the Orient.

Green Tea Revival

60 minutes

Natural detox - This is an innovative, detoxifying and refreshing hammam treatment utilizing a green tea mask, leaving you feeling Renewed. Relax in the splendor of the hammam as the heat and delicate aromas prepare you for the traditional kese mitt body polish and foam massage. The ritual ends with an application of a Green Tea mask to awaken the senses, improve circulation thus benefiting both the body and mind.

Royal Ottoman – Talise Signature

60 minutes

Turkish splendor - Relax in the splendor of the hammam as the heat and delicate aromas prepare you for the traditional 'kese' mitt body polish and foam massage. Savor the warm glow from the marble as your hair is shampooed and your scalp is massaged, followed by a moisturizing conditioner. Your body then is enveloped in a honey mask to revitalize your complexion.

Talise Facials**Revealing Facial**

60 minutes

Radiance and freshness - This unique facial will help your skin to breathe by moisturizing the deeper layer of the epidermis with the Extra Rich Firming Mask and stimulating blood circulation. Your skin will be re-oxygenated with the detoxifying Algae face patches that are massaged into the skin, leaving it refreshed from the inside out with an immediate radiance boost and a natural glow.

The Tailored Experience

60 minutes

The choice is yours - Enjoy a tailor-made facial ritual, specially created for those looking for all rounded care and well-being. A perfect combination of age defying, Mediterranean ingredients, collagen, vitamins and anti-oxidants are carefully chosen to suit your individual requirements.

Exclusive massage techniques and nano stimuli will settle the ingredients within the deeper layers of the skin to thoroughly rejuvenate and nurture it. As a result we obtain a more luminous, radiant and firmer skin.

Luxurious Rose

60 minutes

Fit for an empress - Allow the steam, exfoliation and extractions to deeply cleanse your skin. Indulge into a luxurious face massage to restore the skin's vitality using a specially personalized selection of either diamond, emerald, ruby or sapphire face oil. Float away with your face mask for rejuvenation and purity selected by your therapist according to the skin type. The skin is left radiant with an illuminating glow and re-energized with an application of a suitable eye treatment, ampoule and moisturizer.

Diamond Whitening

60 minutes

Glowing radiance - Enjoy the restorative qualities of this revolutionary three-step whitening facial to reveal bright, even-toned skin. The treatment begins with a potent Pyruvic & Lactic acid peel, effectively exfoliating the skin and eliminating dark spots from deep within the epidermis. This is followed by the application of a powerful anti-spot concentrate which stimulates the elimination of hyperpigmentation. The concentrate has the dual action of simultaneously reducing the appearance of existing dark spots of varying sizes and intensity, whilst limiting the skin's ability to create new areas of uneven pigmentation. The final step in this exclusive ritual is the application of a deeply-nourishing illuminating veil which enhances the skin's newly-revealed youthful and even-toned appearance.

Others**Hand or Foot Massage**

30 minutes

Pamper dry skin with an exfoliation and nutritive cream massage application.

Eye Treatment

30 minutes

Our eye treatment uses a specially designed seaweed algee mask used around the eye and when activated cools, which helps plump and hydrate the delicate eye area, making fine lines temporarily appear less pronounced.

Scalp Massage

30 minutes

A therapeutic treatment, helping to release stress and tension, improving sleep, stimulating and improving hair growth

Talise Massages**Sultan's Massage – *Talise Signature*** 60 minutes

Techniques from around the world - Unwind with a thoroughly indulgent massage fit for royalty. This soothing and deeply healing treatment carefully stretches muscles and relieves pressure points. The lingering scent of aromatic elixirs will cleanse your body, mind and soul.

Reflexology

60 minutes

Ancient Chinese techniques - It is an ancient Chinese pressure point massage of the feet to target reflex zones that correspond to organs within the body. Reflexology stimulates energy meridians, which relax and promote a sense of balanced and reawakened energy.

Balinese Massage – *Deep Tissue* 60 minutes

Muscle Release - Traditional Balinese massage is a seamless blend of acupressure, skin rolling and firm, smooth strokes that stimulate energy flow and circulation, whilst creating a deep sense of relaxation. An oil blend of Energizing elixirs is applied to achieve maximum results.

Mother to Be Massage

60 minutes

Expectant mothers - Designed to reduce pregnancy-induced stress and tension, while enhancing the mother and baby's wellbeing. This relaxation treatment concentrates on expectant mothers in their second and third trimesters.

Ancient Hot Stone

60 minutes

Ultra-deep relaxation - This ancient healing massage provides the body with ultra-deep relaxation and a renewed sense of vitality. Your therapist will use a sensory blend of essential oils and smooth heated stones to massage away muscle and joint pain, melting away tension and stress. This massage treatment is perfectly designed to promote deep muscle and tissue relaxation, increase metabolism, improve the flow of energy and calm the psyche by alleviating stress and insomnia. You will leave feeling transported to a state of pure bliss.

Thai Massage

60 minutes

Practiced for centuries - Experts in ancient Thai healing philosophies, our therapists use their hands and feet with yoga stretches, compressions and gentle rocking. Performed on a Thai mat, this dry massage's external stimulation and torque added to the muscular-skeletal system will leave you with extraordinary flexibility and mobility.

Rose Bliss Body Massage

60 minutes

Arabian roses - Begin a pampering ritual created to reduce the visible signs of aging and retain your skin's elasticity. Using only decadent and organic spa products, your body is exfoliated with a dry body brush, then massaged with Rose Bliss Balm, infused with Argan oil, shea butter, mango butter, Rosa Centifolia and Rosa Damascena to heal, restore and rejuvenate. The experience will leave you feeling totally invigorated and nourished.

Luxury Body Treatments**Sugar Body Peel**

60 minutes

Enhance your experience and senses with a deliciously sweet indulgence. Begin with the sugary body exfoliator and feel stress melt away as your scalp is simultaneously massaged with the luxurious Relaxing Hair Oil. Your skin is then nourished and refreshed with a generous application of Sweetness body lotion, enriched with shea and cocoa butter for softer, smoother skin.