

## Values Exercise

INTERNAL CHANGE + EXTERNAL ACTION = DESIRED RESULTS

We can't live into values we can't name...only 10% of organizations operationalize their values into teachable and observable behaviors used to train and hold employees accountable. *-Brene Brown, "Atlas of the Heart"*

Top 5 Values (What's important to me?)	Behaviors/Actions that Demonstrate my Values
	1.  2.  3.
	1.  2.  3.
	1.  2.  3.
	1.  2.  3.
	1.  2.  3.