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Ethic of Care (Nel Noddings, 1984)

- Caring requires relationship between the one-caring and the cared-for
- One-Caring Characteristics
 - Engrossment
 - Commitment
 - Motivational Shift
- Cared-for Characteristics
 - Receptive
 - Responsive



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What are your most caring moments?
Where do they fit in your teaching philosophy?



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Call to Care (Owens & Ennis, 2001)

- Our caring philosophies are built from past and current caring relationships.
- We long to recapture and enhance our most caring moments.
- We develop and formulate our ideal selves out of our past experiences.
- When we apply this ideal self to our current roles, we are in turn caring for ourselves.
- **This caring is affirming and sustains us in caring for other people.**



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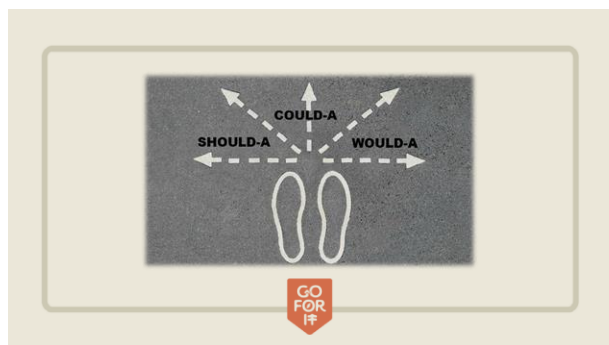


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The Man in the Arena

"It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, who comes up short again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows great enthusiasms, the great devotions; who spends himself in a worthy cause; who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who neither know victory nor defeat." – Theodore Roosevelt

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1. Be where your feet are.
2. Build a foundation. Do a good job where you are.
3. Learn from every experience. Don't be afraid to change.
4. Have compassion for your players.
5. Don't coach angry.
6. You're pouring into someone's child. Treat them the way you would treat your own family.
7. Allow your athletes to value the whole college experience beyond sport.
8. Invest in your staff and let them help you grow. Be vulnerable.
9. You're not alone. Seek counsel during tough times.
10. The grass isn't always greener. Every school has its challenges.
11. Don't drown yourself with the job. Just do the best you can.
12. Take care of yourself physically and mentally. You'll be a better person and coach because of it.
13. Your value comes from WHO YOU ARE and not what you do.
14. Be yourself.
15. Family first.

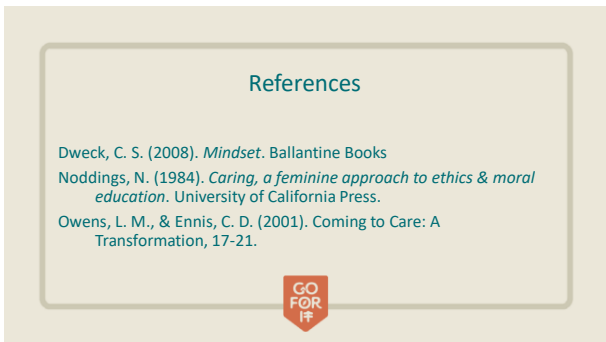
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