

**Affecting Young People (and Young Coaches)  
Through Athletics**

**How Discipline Has Changed**

**Perspectives**

**The Pride Factor**

**Sports - A Huge Social Investment**

**Knowing Your Stuff**

**Be a Great Sherlock  
Problem Solving Skills**

**Developing a Positive Current**

**Demand Concentration  
Eliminate Powderpuff Communication**

**Simmer Science  
Temper Technology**

**Be Positive – But Brutally Honest**

**Own It  
Even Good Excuses are Excuses**

**The Team as a Family**

**Look For Simple Answers First**

**Demand Contributions to the Team**

**Don't Chase Rabbits  
Timeless Truth Doesn't Sell**

**Everyone Can't Be Saved  
Nobody Is Bigger Than The Team**

**Have a System**

**Everybody is an Alpha**

**Breed Independence and Ownership**

**Don't Nag - Draw a Line  
Clear Expectations - Nothing Else Matters**

**Support Your Sport**

**It Takes Talent – Ego In Coaching**

**SAC**   
Schexnayder Athletic Consulting

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