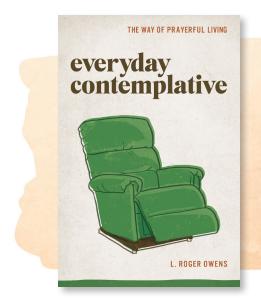
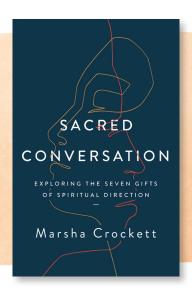
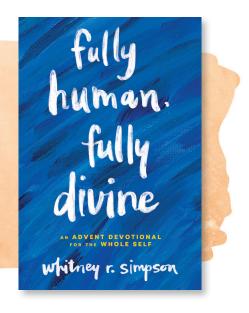
New and Coming Soon







Author, L. Roger Owens, challenges readers to expand their definition of contemplative living to encompass all ways of seeking to be more open, available, and responsive to God. God may be found just as easily in an office cubicle, a donut shop, or a laundry room as in a monastic cell.

Paperback...\$14.99 (also available in Epub)



In Sacred Conversation, readers will learn what spiritual direction is and what it isn't. They will explore spiritual practices that have helped people for hundreds of years develop a closer relationship with God through Jesus Christ. Marsha Crockett introduces readers to seven gifts of spiritual direction: awakening, hospitality, story, pilgrimage, silence, meditation, and belonging.

Paperback...\$14.99 (also available in Epub)



Fully Human, Fully Divine is an invitation to an embodied Advent. Over the course of four weeks, it encourages us to embrace the experience of the Advent season fully, with our whole selves and remember that Jesus showed us what it meant to be both fully human and fully divine.

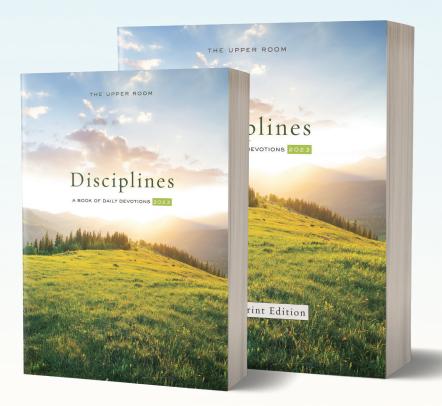
Paperback...\$17.99



UpperRoomBooks.com



Strength for Your Spiritual Journey



Based on the Revised Common Lectionary, Disciplines features:

- focal scripture passage each day
- daily meditations from 53 thought leaders from diverse Christian traditions
- weekly scripture overviews

Some contributors for 2023 are: Barbara Brown Taylor, Hannah Adair Bonner, Bishop Karen Oliveto, and Chanequa Walker-Barnes.

PREORDER NOW

Learn more about Disciplines and special offers at

UpperRoomBooks.com/Disciplines

