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2



3

NCAA Eligibility Rules State that student-athletes will need to meet athletic and academic requirements for the division they wish to compete in. Requirements will include:

- Meeting minimum requirements specific to NCAA Division I or Division II.
- Meeting grade-point averages on a sliding scale when compared to ACT and SAT test scores for NCAA Division I.
- Meeting grade and test requirements for division II.
- Completion of Amateurism certificate.

Division I

- You must graduate from high school.
- You must meet the minimum GPA in your core courses.
- You must meet the minimum requirements on your SAT or ACT test scores.
- Your GPA and SAT/ACT test scores must combine to meet the minimum requirements laid out on the sliding scale.

Division II

- You must graduate from high school.
- You must meet the minimum GPA in your core courses.
- You must meet the minimum requirements on your SAT or ACT test scores.
- Your GPA and SAT/ACT test scores must combine to meet the minimum requirements laid out on the sliding scale.

How to Move on Through the College Recruiting Process

4

In order to receive full NCAA academic eligibility to compete your freshman year, you must achieve at least a 2.3 GPA in your core courses for Division I and a 2.2 GPA for Division II to fulfill the NCAA GPA requirements. There are no set NCAA GPA requirements for Division III as schools set their own admission standards you must meet in order to compete.

The lowest GPA you can maintain and still receive an athletic scholarship as a Division I or Division II institution is a 2.0 on a 4.0 scale. However, you would not be cleared to compete in your first year while receiving an academic redshirt.

Division I

- Four years of English.
- Three years of math (Algebra I or higher).
- Two years of natural/physical science (including one year of lab science if your high school offers it).
- One additional year of English, math or natural/physical science.
- Two years of social science.
- Four additional years of English, math, natural/physical science, social science, foreign language, comparative religion or philosophy.

Division II

- Three years of English.
- Two years of math (Algebra I or higher).
- Two years of natural or physical science (including one year of lab science if your high school offers it).
- Three additional years of English, math or natural/physical science.
- Two years of social science.
- Four additional years of English, math, natural/physical science, social science, foreign language, comparative religion or philosophy.

How to Move on Through the College Recruiting Process

5

NCAA Division I Sliding Scale

GPA	SAT	ACT	Eligible
2.300	2550	980	83
2.075	2525	990	84
2.050	2500	1000	85
2.025	2475	1010	86
2.000	2450	1020	88

GPA	SAT	ACT	Eligible
2.300	2550	980	83
2.300	2525	990	84
2.300	2500	1000	85
2.300	2475	1010	86
2.300	2450	1020	88
2.300	2425	1030	89
2.300	2400	1040	90
2.300	2375	1050	91
2.300	2350	1060	92
2.300	2325	1070	93
2.300	2300	1080	94
2.300	2275	1090	95
2.300	2250	1100	96
2.300	2225	1110	97
2.300	2200	1120	98
2.300	2175	1130	99
2.300	2150	1140	100
2.300	2125	1150	101
2.300	2100	1160	102
2.300	2075	1170	103
2.300	2050	1180	104
2.300	2025	1190	105
2.300	2000	1200	106
2.300	1975	1210	107
2.300	1950	1220	108
2.300	1925	1230	109
2.300	1900	1240	110
2.300	1875	1250	111
2.300	1850	1260	112
2.300	1825	1270	113
2.300	1800	1280	114
2.300	1775	1290	115
2.300	1750	1300	116
2.300	1725	1310	117
2.300	1700	1320	118
2.300	1675	1330	119
2.300	1650	1340	120
2.300	1625	1350	121
2.300	1600	1360	122
2.300	1575	1370	123
2.300	1550	1380	124
2.300	1525	1390	125
2.300	1500	1400	126
2.300	1475	1410	127
2.300	1450	1420	128
2.300	1425	1430	129
2.300	1400	1440	130
2.300	1375	1450	131
2.300	1350	1460	132
2.300	1325	1470	133
2.300	1300	1480	134
2.300	1275	1490	135
2.300	1250	1500	136
2.300	1225	1510	137
2.300	1200	1520	138
2.300	1175	1530	139
2.300	1150	1540	140
2.300	1125	1550	141
2.300	1100	1560	142
2.300	1075	1570	143
2.300	1050	1580	144
2.300	1025	1590	145
2.300	1000	1600	146
2.300	975	1610	147
2.300	950	1620	148
2.300	925	1630	149
2.300	900	1640	150
2.300	875	1650	151
2.300	850	1660	152
2.300	825	1670	153
2.300	800	1680	154
2.300	775	1690	155
2.300	750	1700	156
2.300	725	1710	157
2.300	700	1720	158
2.300	675	1730	159
2.300	650	1740	160
2.300	625	1750	161
2.300	600	1760	162
2.300	575	1770	163
2.300	550	1780	164
2.300	525	1790	165
2.300	500	1800	166
2.300	475	1810	167
2.300	450	1820	168
2.300	425	1830	169
2.300	400	1840	170
2.300	375	1850	171
2.300	350	1860	172
2.300	325	1870	173
2.300	300	1880	174
2.300	275	1890	175
2.300	250	1900	176
2.300	225	1910	177
2.300	200	1920	178
2.300	175	1930	179
2.300	150	1940	180
2.300	125	1950	181
2.300	100	1960	182
2.300	75	1970	183
2.300	50	1980	184
2.300	25	1990	185

How to Move on Through the College Recruiting Process

6

NCAA Division 2 Sliding Scale

Core GPA	SAT	ACT	2,925	620	47	2,550	790	57
3.300+	400	37	2,900	630	48	2,525	800	58
3.275	410	38	2,875	650	49	2,500	810	59
3.250	430	39	2,850	660	49	2,475	820	60
3.225	440	40	2,825	680	50	2,450	830	61
3.200	450	41	2,800	690	50	2,425	840	61
3.175	470	41	2,775	710	51	2,400	850	62
3.150	490	42	2,750	720	52	2,375	860	63
3.125	500	42	2,725	730	52	2,350	860	64
3.100	520	43	2,700	740	53	2,325	870	65
3.075	530	44	2,675	750	53	2,300	880	66
3.050	550	44	2,650	750	54	2,275	890	67
3.025	560	45	2,625	760	55	2,250	900	68
3.000	580	46	2,600	770	56	2,225	910	69
2.975	590	46	2,575	780	56	2,200	920	70 & above


7

Prairie View A&M University


Men & Women's Track & Cross Country Scholarship Standards

www.tfrrs.org

Collegiate Track & Field Bible. Where do you fit?




8



PVAMU Women's Track & Field / Cross Country
Athletic Scholarship Standards

Event	High School Athlete Standard	College Athlete Standard
500m	1:1.00	1:1.00
800m	2:4.00	2:4.00
1000m	3:5.00	3:5.00
1500m	5:11.00	5:11.00
2000m / 2500m	7:41.00 / 7:50.00	7:50.00 / 7:50.00
3000m	10:00.00	10:00.00
4000m	13:00.00	13:00.00
5000m	16:00.00	16:00.00
6000m / 6500m	19:20.00 / 19:30.00	19:30.00 / 19:30.00
7000m	22:00.00	22:00.00
8000m	25:00.00	25:00.00
9000m	28:00.00	28:00.00
10000m	31:00.00	31:00.00
11000m	34:00.00	34:00.00
12000m	37:00.00	37:00.00
13000m	40:00.00	40:00.00
14000m	43:00.00	43:00.00
15000m	46:00.00	46:00.00
16000m	49:00.00	49:00.00
17000m	52:00.00	52:00.00
18000m	55:00.00	55:00.00
19000m	58:00.00	58:00.00
20000m	61:00.00	61:00.00



Try-outs for the Women's Track and Cross Country Team for 2022-23 will take place early September at the beginning of fall 22!

Please contact Coach Eric Dixon if you are interested at edixon@pvamu.edu.

The times, heights, and distances listed below are what will be required for you to be considered.

Event	Time/Distance
500m	1:1.00
800m	2:4.00
1000m	3:5.00
1500m	5:11.00
2000m	7:41.00
2500m	10:00.00
3000m	13:00.00
4000m	16:00.00
5000m	19:20.00
6000m	22:00.00
7000m	25:00.00
8000m	28:00.00
9000m	31:00.00
10000m	34:00.00
11000m	37:00.00
12000m	40:00.00
13000m	43:00.00
14000m	46:00.00
15000m	49:00.00
16000m	52:00.00
17000m	55:00.00
18000m	58:00.00
19000m	61:00.00
20000m	64:00.00

For incoming freshmen: Please make sure that you are registered with the NCAA Clearinghouse at www.clearinghouse.com. Make sure that your final transcript has been requested and sent to your high school by the deadline given, and all the questions in the employer screen have been completed. Make sure that your SAT/ACT scores has been sent to the institution either through the SAT/ACT platform.

If you're a transfer athlete, make sure you have been added to the NCAA transfer portal and email a copy of your current transcript from your current college to:

- The table above lists athletic performance that will be considered for athletic aid.
- Athletic scholarships may range from a partial to 100%.
- Athletic standards in high-contrast may increase in places of increasing altitude.
- High jumper: Height measured in centimeters instead of ft. In, the final two digits are rounded.
- All times should be open events. An relay split will be accepted.
- Cross Country team and performance will be evaluated at the discretion of the coaching staff.

9

