Zero Trust Evolution

Randy Marchany

CISO, Virginia Tech

marchany@vt.edu

https://security.vt.edu

Twitter: @randymarchany



Most Common Security Mistakes Made by Individuals (2001)

- Poor password management
- Leaving your computer on, unattended
- Opening e-mail attachments from strangers
- Not installing anti-virus software
- Laptops on the loose
- Blabber mounts (file access open to the world)
- Plug and Play without protection
- Not reporting security violations
- Always behind the times (OS, application patches)
- Keeping an eye out inside the organization
 TCTC 2021



Zero Trust Networks(ZTN) Characteristics*

Network and user traffic patterns have changed dramatically in the past 20 years.

- Pillar 1: The network is always assumed to be hostile
- Pillar 2: Assume the hostiles are already inside your network
- Pillar 3: Network locality (segmentation) is not sufficient for deciding trust in a network
- Pillar 4: Every device, user and network flow is authenticated and authorized
- Pillar 5: Policies must be dynamic and calculated from as many sources of data as possible



The Future: The Mobile Internet

Positioning IT for the future

- Pillar 6: The device is no longer the border. A user's identity/Data pair is the new border.
- Pillar 7: Containers, serverless and cloud computing are the new disruptors of traditional security architectures.
- Pillar 8: Mobile users, mobile apps, mobile storage



Marchany copyrig

EDU (now) vs. Corporate Structure (future)

 Administrative – the process that runs the institution (CORP)

- Payroll, HR, Purchasing, Facilities, Legal, etc.
- Security model closest to corporate model

Academic/Instructional – the process that supports

teaching/learning (ISP)

- Learning Mgt Systems such as CANVAS, Blackboard, Moodle
- Course Delivery systems Zoom, Webex, etc.
- Heavily BYOD all flavors, types
- Security model closest to an ISP

Research – hybrid of the previous 2

- Intellectual Property protection, High risk, visibility
- Security model is a hybrid of corporate and ISP

TCTC 2021



Hacker Attack Goals

Hacker attack goals are 1 or more of the following:

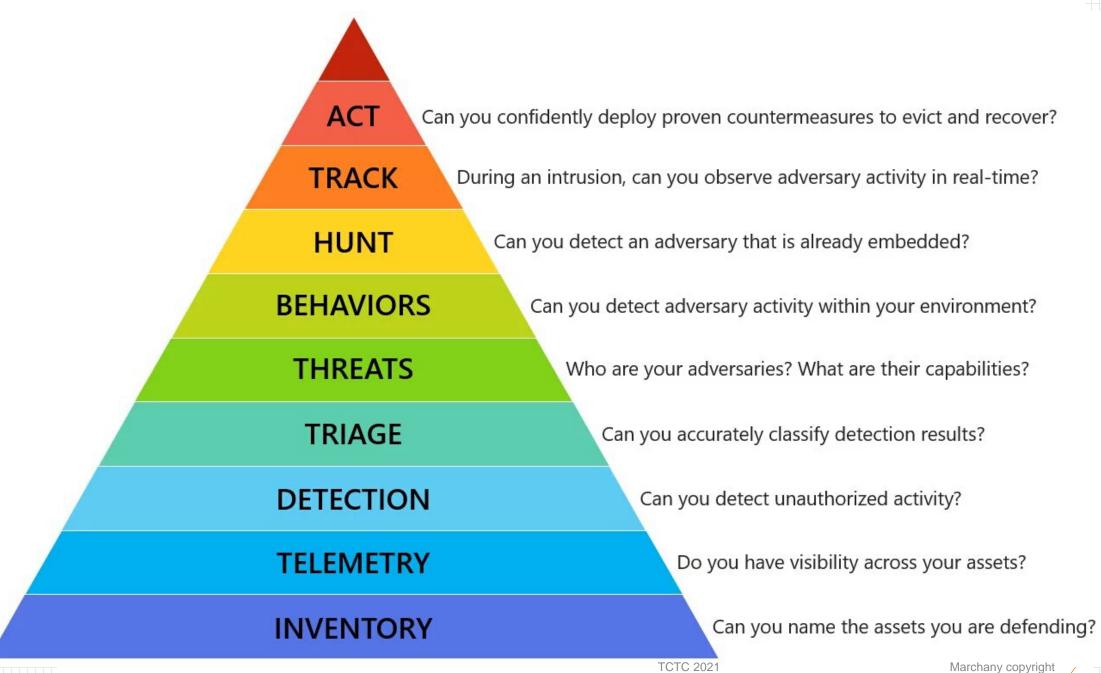
- DATA theft/disclosure aka data breaches
- ATTACK other sites using hacked assets
- DESTRUCTION of company data (deletion or ransomware).





What are You Defending? What Should You Defend?

- Systems? Not really but that's what we thought should be defended.
- Networks? Safe answer.
- DATA what we should be defending.



Warchany



Border? What Border?

- Internet 1.0 static servers, endpoints
- Internet 2.0 static servers, mobile endpoints
- Internet 3.0 mobile servers (containers, serverless), mobile endpoints (laptops, phones, tablets, IoT, ICS)
- Current security architectures are somewhere between Internet 1.0 and Internet 2.0.
- We need to adapt to Internet 3.0 now.

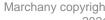


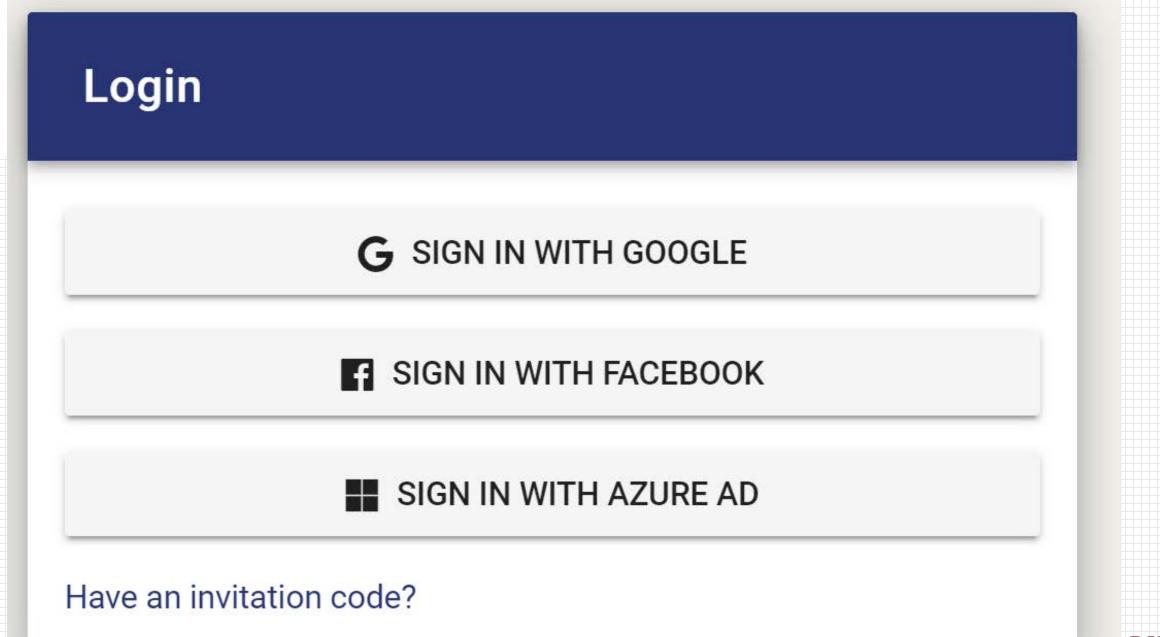
Another View of ZTN

"As we move our data outside of the firewall, we have to adopt a zero-trust type model, " [Chris] Townshend said. "We are shifting our security enforcement out to the data itself, and you have to have a security policy that follows that user no matter where that user is or what device they are using to access the data"

• "The new cyber landscape", Patrick Marshall, GCN Magazine, vol 37, #1

In other words, data becomes the border.





TCTC 2021

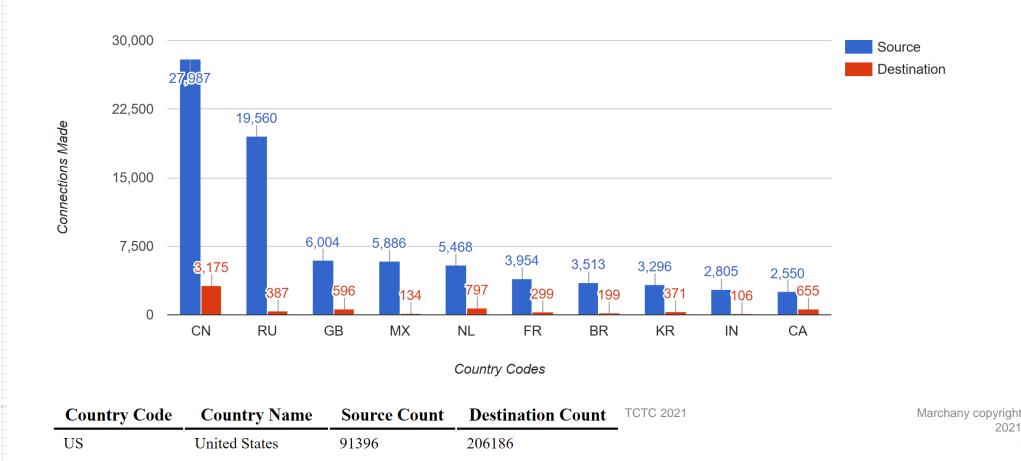
Marchany copyright



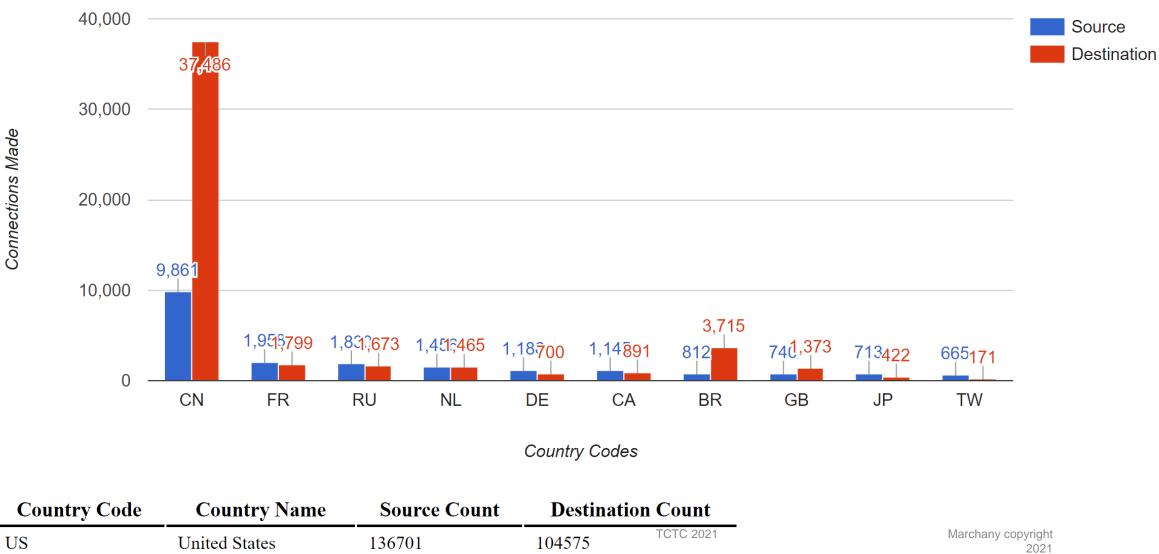
Sample In/Out Traffic Profile

Top Source & Destination Countries - By Connection

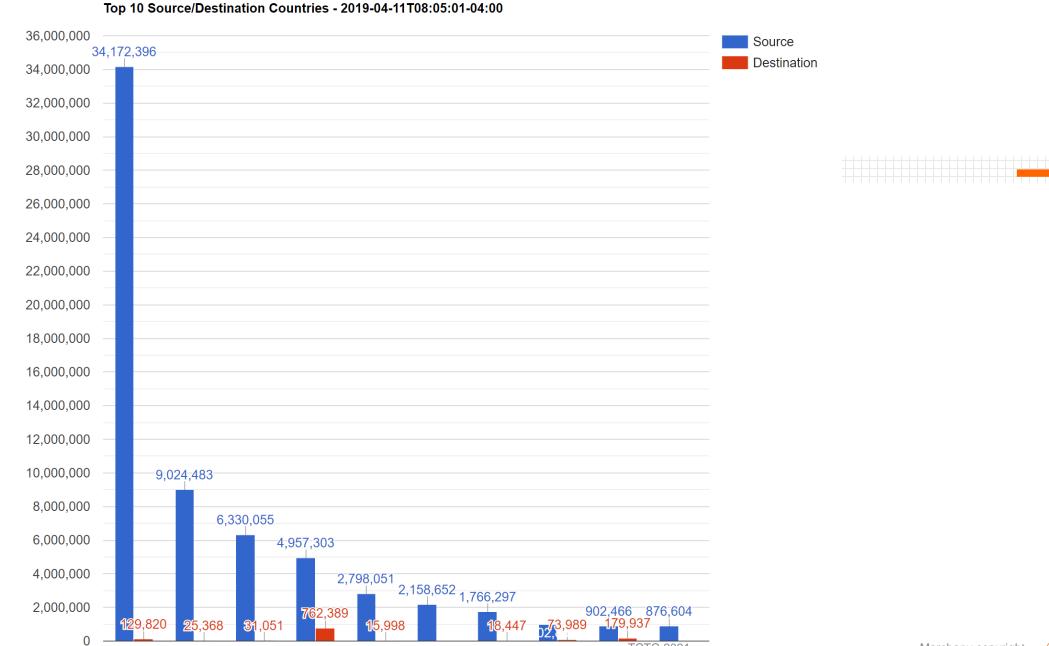
Aug 01, 2017 to Aug 31, 2017 - ITSO Argus Data



VIRGINIA TECH



VIRGINIA LECH.



GB^{TCTC 2021}

DE

Marchany copyright 2021



Connections Made

RU

SC

NL

CN

EE

RO

IT

Museum Defense in Depth



Control access points

- Limited but free flowing access points
- Additional barriers around high risk assets
- Pervasive Monitoring tools
 - Cameras, motion sensors, etc.
- Active Response
 - Guards, on-demand barriers, fire suppression
- Recovery Measures
 - Insurance

TCTC 2021

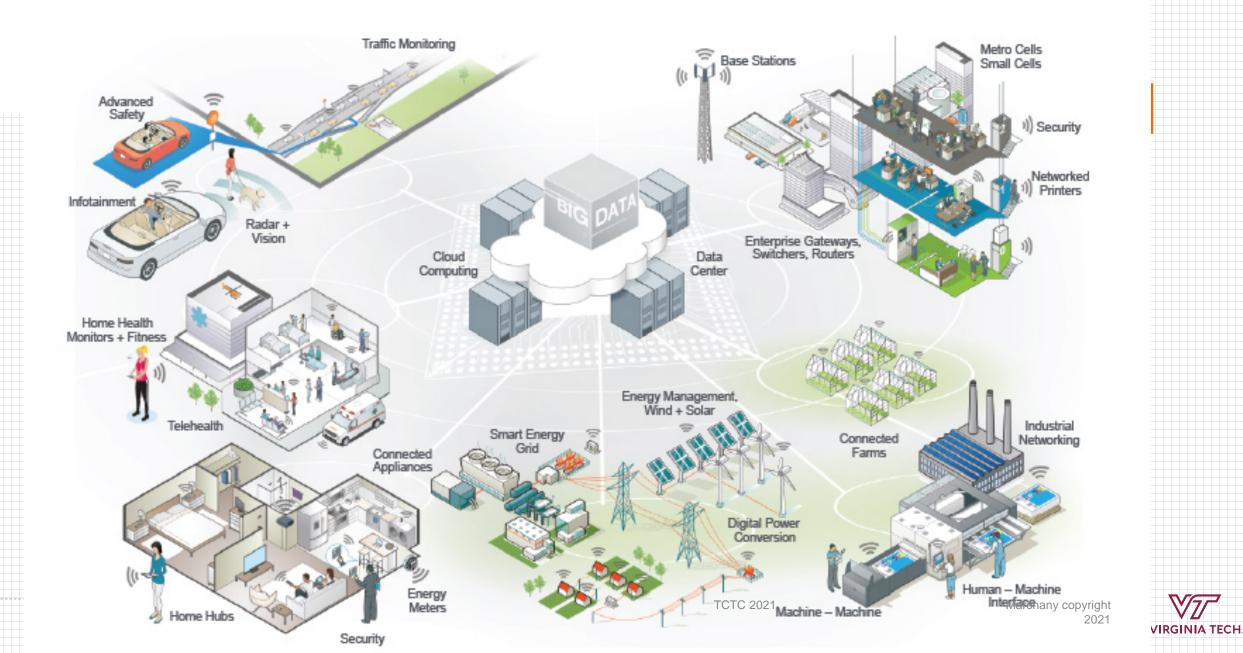
- Tracking devices
- Assume hostiles are inside.

Used with permission of Christian Schreiber

Marchany copyright

VIRGINIA TECI

ENABLING SMART CONNECTED SOLUTIONS FROM THE END NODE TO THE CLOUD



ZTN - Theory

- Easier said than done. Not all of the technology and components available today....not yet.
- All data must be secured regardless of location. Encryption at rest or in transit. Have to find it first!
- User identities must be confirmed. Access to data strictly enforced. Default of minimum privileges
- All network traffic should be logged and analyzed.
 - "trust but verify" -> "Verify and never trust"
- Eliminates distinction between trusted-inside-perimeter and untrusted activity that crossed the perimeter Marchany copyright 2021

VIRGINIA TECH

ZTN Characteristics

- Treat all hosts as internet-facing (take that, .com, .gov, .mil)
- Use existing tech in novel ways
- Perfect fit for cloud

ZTN Components (Theory)

Control Plane

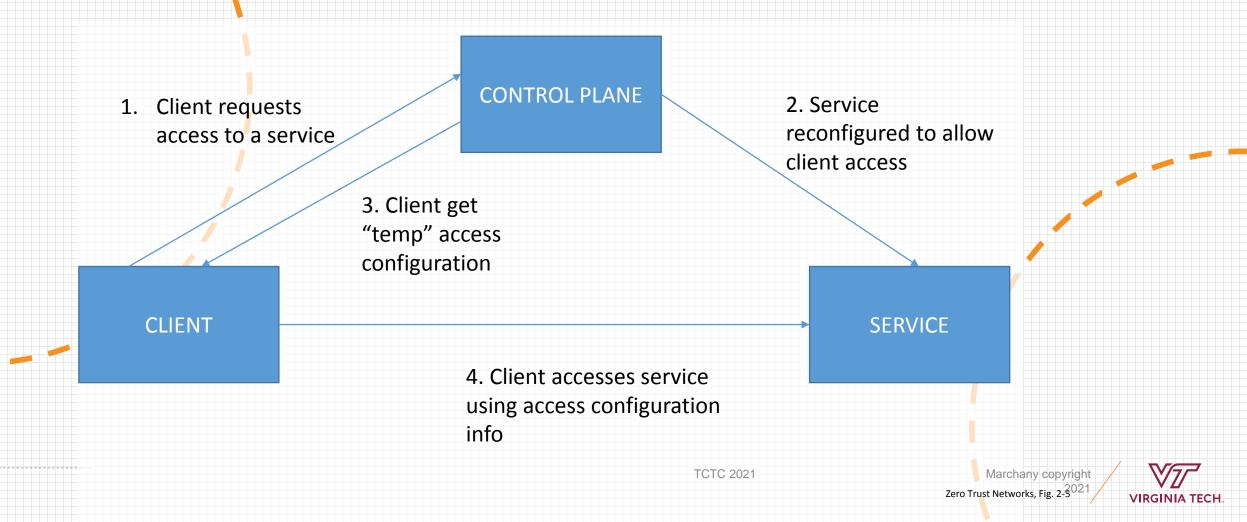
- Processes requests from data plane devices that want to access or grant access (to) network resources
- User, device authentication & authorization done here
- Stronger authentication to higher risk resources done here

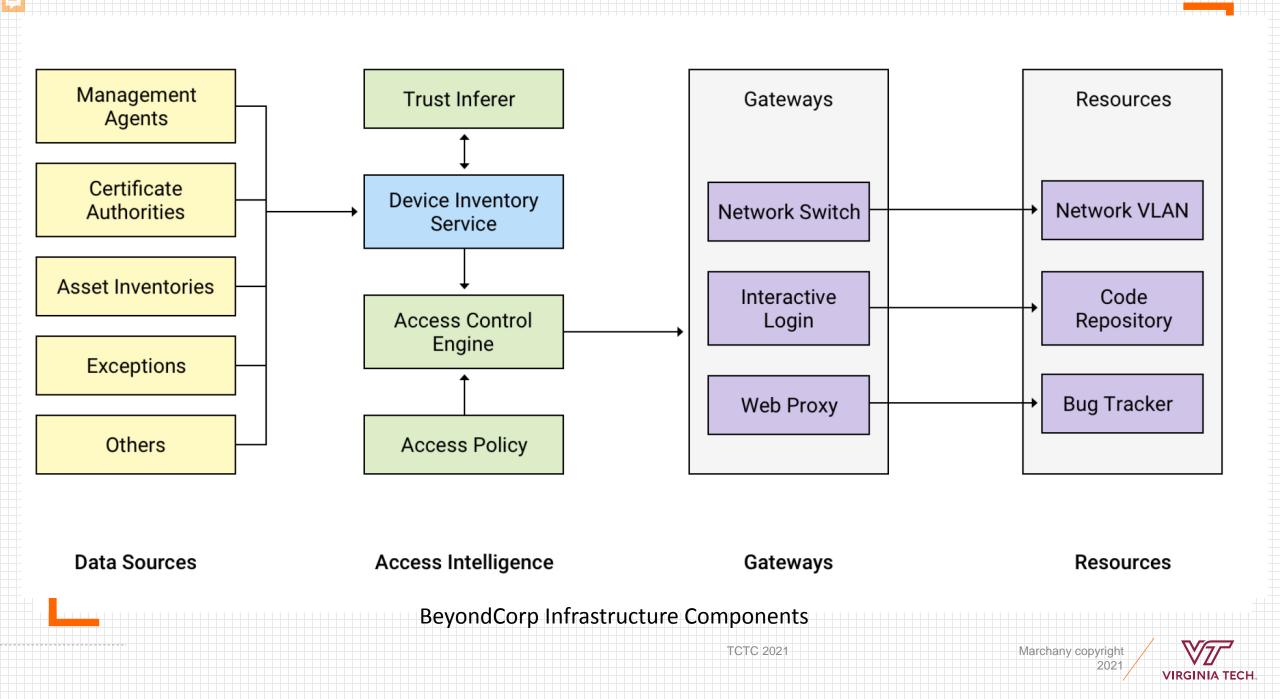
Data Plane

- Components include applications, firewalls, proxies, routers that process network traffic
- Handles high traffic rates



ZTN Client-Control Plane Interaction (Theory)





ZTN Authorization Architecture

Enforcement

- Critical to place these as close to endpts as possible
- Reference a policy, decide and enforce application of this
- Policy Engine
 - Has power to make decision to grant/reject resource requests
 - Best defined in logical network terms



ZTN: Trusting Devices

- Device Certificates
 - Used to create, validate Device Inventory DB
 - HSM, TPM , X.509 certs
 - Used in all communications to enterprise services
- Define in SW
 - Clean images (CIS Benchmark scored)
 - SSO to validate users wanting access to enterprise stuff
- Use/create device certificates



ZTN Authorization Components

Trust Engine

- Google BeyondCorp a pioneer in this area
- New concept calculates a trust score of components based on historical behavior

Data Stores

- 2 types: Inventory, Historical
- Ex: User inventory stores relevant user info (AD, LDAP)
- Ex: Device inventory has info on every device connected to the network (CSC #1)



ZTN Trust: Users

- Informal identity
 - Standard use pseudonymous accounts
- Authoritative identity
 - MFA
- Trust scores determine if additional authentication is required
- Single Sign-on





ZTN Trust: Network Traffic

- Traditional net filtering, monitoring significant factor in ZTN.
 Its application is non-traditional
- Net flow authentication/authorization a key component
- How to trust net traffic Single Packet Authorization(SPA)
 - How do you allow a trusted connection but dropping others?
 - Preauthentication, SPA
 - Fwknop <u>http://www.cipherdyne.org/blog/2012/09/single-packet-authorization-the-fwknop-approach.html</u>



ZTN Trust: Network Traffic

- Where to apply ZTN controls in the network stack
 - TLS used mostly application layer protocols
 - IPsec used mostly to secure traffic (VPN). Well positioned to provide secure comms for all traffic
- Filtering
 - Host filter traffic at the host. Handles inbound traffic
 - Bookend apply policy in both directions. Egress filtering
 - Intermediary "traditional" FW placement



ZTN: Requirements

- All network flows must be authenticated before processing
- All network flows should be encrypted before xmission
- Authentication, encryption (A&E) must be done at the endpoints
- All net flows must be enumerated so access can be enforced



Marchany copyrig

ZTN: Requirements

- The strongest A&E suites should be used
- Authentication should not rely on public PKI providers.
 Private PKI systems should be used
- Devices should be scanned, patched and rotated regularly



Marchany copyrig

Some Suggestions

- Start small ZTN a lab or smaller departmental net
- Build a system diagram of your network traffic patterns
- Profile your traffic
 - Do you know where your inbound traffic originated?
 - Where does your outbound traffic go?
- Do you trust your network?



ZTN and Today's Network

- Assume net is hostile & hackers already inside
 - Monitor outbound traffic with threat intel data
 - Configure host based FW/IDS
 - Profile your net traffic
 - Direct lateral movement between hosts is rare? y/n
- Log, Log, Log



ZTN and the 20 Critical Security Controls

- HW Inventory
- SW Inventory
- Continuous Vuln Mgmt
- Controlled use of Admin Priv
- Secure config for devices
- Log Analysis, maintenance

- Email, Browser Security
- Malware Defenses
- Limit Ports, Protocols, Services
- Data Recovery

TCTC 2021

Secure config for net device

Marchany copyrigh

Boundary Defense

ZTN and the 20 Critical Security Controls

- Data Protection
- Need to Know
- Wireless Access Control
- Acct Monitoring, Control
- Security Training

- Application Software Security
- Incident Response & Mgmt
- Penetration Testing and Red Team Exericises



Summary

- Need an architecture that can handle:
 - Data mobility, protection
 - Cloud, containers, serverless apps
- What will the tech environment be in 5 yrs? 10yrs?
- We've been doing pieces of ZTN for years.



Marchany copyrig

References

- "Zero Trust Networks", Gilman, Barth, <u>http://shop.oreilly.com/product/0636920052265.do</u>
- "Building Security into Your Network's DNA: The Zero Trust Approach", John Kindervag, 2010
- "Single Packet Authorization: A Comprehensive Guide to Strong Service Concealment using fwknop", Michael Rash, <u>http://www.cipherdyne.org/fwknop/docs/fwknoptutorial.html#design</u>



Marchany copyrigh