**The Blueprint for Wellness** screening is a valuable tool to identify health concerns and is available for those participants enrolled in the group health insurance coverage through the Wisconsin Conference.

There will be an onsite BluePrint for Wellness exam option during annual conference, **at First UMC in Green Bay,** Saturday morning, **June 11, 2022**.

This is for active clergy only (not retirees), spouses and lay employees enrolled in the Conference Group Health Insurance plan. You need to register through your Benefits Access account or Virgin Pulse account <u>by May 28<sup>th</sup></u>. Walk-ins will not be accepted.

All onsite options for the 2022 BluePrint for Wellness include:

Dodgeville UMC on Saturday morning, May 7<sup>th</sup> – register by April 23<sup>rd</sup>

Hallie UMC in Chippewa Falls on Saturday morning, May 14th - register by April 30th

Sun Prairie Conference Center on Saturday morning, May 21st - register by May 6th

First UMC in Green Bay on Saturday morning, June 11th - register by May 28th

Sun Prairie Conference Center on Friday morning, August 5<sup>th</sup> – register by July 23<sup>rd</sup>.

TO SIGN UP log into your Benefits Access account at <u>www.wespath.org</u>, click on the Health Tab and, then on the Quest Diagnostics/Blueprint for Wellness link in the middle of the page. Spouses may sign up through your Virgin Pulse account.

If you prefer you may

- Sign up to do your blood work at a **Quest Patient Service Center** in Milwaukee, Kenosha, Racine, Rockford, IL or New Brighton, MN.
- Sign up to do an **at-home test** and mail it in
- Download a **Physician Results Form** to take to your doctor. (Be sure your provider codes these tests as preventative or for a wellness exam or you will be charged for them.)

In order to receive the \$100 reward in Pulse Cash, you need to be enrolled in Virgin Pulse and you need to complete the BluePrint for Wellness.

Call 1-855-623-9355 to register.

Contact Jean Nicholas, Conference Benefits Officer at <u>jean.nicholas@wisconsinumc.org</u> or 608-837-7320 for more information.