

2023 POLE TOP RESCUE COMPETITION SEPTEMBER 26-28, 2023 - SPOKANE

Registration / Judging / Scoring Guidelines

COMPETITION EVENT SUMMARY

Tuesday, September 26 @ Jack Stewart Training Center

- 7:30 AM POLE TOP TEAM REGISTRATION / CHECK-IN**
- 9:00 AM PRELIM COMPETITION & SPONSOR SETUP**

Wednesday, September 27 @ Spokane Convention Center

- 7:00 AM - 8:00 AM Governor's Conference Registration / Check-In
- 8:00 AM - 10:00 AM Opening Ceremony, Lifesaving Awards, Keynote – **Final 4 announced prior to keynote**
- 11:30 AM LUNCH**
- 12:00 PM FINAL POLE TOP RESCUE COMPETITION – RIVERSIDE LAWN @ CONVENTION CENTER**

Thursday, September 28 @ Spokane Convention Center

- 8:00 AM - 9:30 AM Industrial Athlete – Jill Jorgensen
- 10:00 AM - 11:30 AM Active Threat Awareness, Recognition & Response – Timothy Michael Durand
- 11:30 AM – 1:00 PM **POLE TOP AWARDS LUNCHEON**

GOVERNOR'S CONFERENCE & COMPETITION REGISTRATION

The Governor's Advisory Board is offering **1/2 price registration** to the Governor's Industrial Safety & Health Conference for each team participating in the Pole Top Rescue Competition.

1. Go to this registration link [Attendee Registration](#)
2. To register enter your email address and competitor **discount code: POLETOP** then
3. Enter additional required information. **(code limit: 1 team / 2 participants)**
4. The Pole Top Awards Luncheon is included with registration at no additional charge.

** Individuals not attending the conference that would like to attend the Pole Top Awards Luncheon will need to register and choose the POLE TOP LUNCHEON ONLY option for a cost of \$50.00**

Suggested class choices when registering for the conference:

Thursday September 28th	8:00 am – 9:30 am	Industrial Athlete ⓘ Jill Jorgensen • Room 303
	10:00 am – 11:30 am	Active Threat Awareness-Recognition & Response ⓘ Timothy Michael Durand • Room 300 B • Workshop

POLE TOP PRELIMINARY & FINALS COMPETITION INFO

Team Registration and the preliminary competition will be at the Jack Stewart Training Center.

Registration, Orientation & Time Slot Drawing: Tuesday, 9.26.2023 at 7:30 am

During orientation, Bill Shaffer will discuss the flow factor on the Resusci Anne to be used in competition.

Preliminary Competition: Tuesday, 9.26.2023 at 9:00 am & continues until all teams have competed.

- The four top scoring teams will move on to compete in the final round competition.
- An area where all competing teams can store their gear will be designated and announced.
- A BBQ lunch will be provided on-site.

Championship Finals: Wednesday, 9.27.2023 at 11:30 am – Riverside Lawn at Convention Center

- The four top scoring teams will be decided following the preliminary competition and announced during the conference opening ceremony, prior to the keynote speaker.
- The final winning team will be announced and prizes will be awarded at the [Governor's Industrial Safety & Health Conference](#) luncheon on Thursday, September 28th from 11:30 to 1:00 at the Spokane Convention Center.
- There will be additional prizes awarded for a 100% CPR tape.

JUDGING

Three (3) judges will score each team.

Judges will receive an orientation prior to the beginning of the competition for purposes of establishing consistency in the judging process. Judges will be required to serve in both the preliminary and final competitions.

The Pole Top Committee has a CPR Instructor who will be responsible for interpreting the CPR and will assist the three judges in scoring the first aid / CPR portion of the competition. The CPR format utilized is the same established by the American Heart Association in 2010.

PLEASE NOTE:

- **The foreman is not a judge and therefore all communication with the foreman shall be audible enough for judges to hear. The judges are not part of your rescue team when asking for assistance.**
- **If you have been a past Pole Top Rescue judge at the State Competition, you are no longer eligible to participate in the Pole Top Competition as a competitor or team member.**
- **A team cannot consist of 2 apprentices.**

SCORING DETERMINATION FACTORS

Competition Categories:

See attached [score sheet](#) for competition categories. The scoring range for each requirement is 0 to 7 points. The average is 4 points. Scoring judges can assign greater than average points when they are earned, and can assign fewer than average points when necessary. A possible of 126 points can be earned from the competition categories.

Time

For the preliminary competition, the number of teams entered will determine additional points. For example: if ten (10) teams are entered, the fastest team will receive 10 points, second fastest will receive 9 points, etc.

For the final competition, 12 additional points will be awarded to the team with the fastest time, 9 to the second, 6 to the third, and 3 to the fourth.

A team will be disqualified if their rescue time exceeds the average time of all competing teams, plus two minutes.

CPR

There are a possible 100 points which can be earned in the CPR competition.

There will be a knife awarded for each team that earned 100% on their CPR tape.

RULES

On the Pole:

- Precautionary measures must be taken at all times by both the ground man and linemen to protect themselves from potential injury they could incur while performing their required functions in the rescue of the victim.
- Timing will start with the word "GO" and stop when CPR is started.
- The lineman or hot apprentice must remain belted off at all times during the rescue.
- Tools, materials, or hot sticks shall not be thrown or dropped under any circumstances.
- All regulatory safety rules must be observed when working or when moving primary or secondary conductors, hardware, or equipment. This includes a victim energized at line voltage. Illegal contact may result in team disqualification.
- Once the victim has been cleared, the lineman will check the level of consciousness of the victim, prior to rigging. The mannequin must be secured with three half hitches.

On the Ground

- The groundman will check for breathing for a minimum of 5 seconds, administer two (2) breaths, and perform five (5) cycles of CPR. No pulse check is required.
- The lineman will climb down the pole, treat for shock, and monitor the delivery of his partner's CPR.
- After the groundman has completed five (5) cycles of CPR, the lineman will check for breathing for five (5) seconds. Finding no breathing, he will give two (2) breaths, and resume CPR. The groundman will monitor the victim during this process. Upon completion of five (5) cycles of CPR, the lineman will end by giving two (2) breaths.

NOTE: RESCUE BREATHING BARRIERS AND GLOVES ARE MANDATORY. Teams must furnish their own and be proficient in the use of the type of barrier selected.

The pole top committee will furnish the handline, hotsticks, and a Buckingham Buck Squeeze cutaway scare strap for the preliminaries and finals. Teams will be required to use the handline and hot sticks furnished.

FINAL SCORE

The final score will be calculated by adding the points for the rescue plus the average CPR points for each judge. All three (3) score sheets will be added together and the additional points for time will be added one (1) time. This will determine the final score.

Example

	<u>Judge 1</u>	<u>Judge 2</u>	<u>Judge 3</u>	<u>Total</u>
Rescue	102	97	105	304
CPR	86	86	86	258
Total	188	183	191	562

Total score 562 + 9 points for time = 571 final score

SPECIAL NOTES:

- All staff assisting with the competition and working within the roped off area(s) will be required to wear hardhats, including video crew and photographers.

NOTE: JUDGES AND COMMITTEE MEMBERS RESERVE THE RIGHT TO HALT ANY RESCUE, AT ANY TIME, IF IT IS DEEMED UNSAFE. THIS ACTION WILL RESULT IN A DISQUALIFICATION.

JUDGING SCORE SHEET EXAMPLE

Company Name:																
Team Members			Ground:				Pole:									
Competition Categories / 0-7 Performance Point System/ 4 is Average							0	1	2	3	4	5	6	7		
<i>(Check appropriate boxes below to assign performance points to each competition function)</i>																
Communication			Notify 911													
Comments:			Oral Communication – Ground													
			Oral Communication – Pole													
Climbing Techniques			Ascending Pole													
Comments:			Descending Pole													
Handling Victim / Pole			Incidental Electrical Contact													
Comments:			Securing Work Area on Pole													
			Securing Work Area on Ground													
Vital Signs / Pole			Tap or Shake and Shout													
Comments:			Communicate Level of Consciousness													
Rigging			Rescue Knot / Positioning													
Comments:			Lowering Victim													
			Clearing Victim													
** Hazard Clearing Time:																
Additional Points for Performance on the Pole During Rescue																
Comments: (Judges discretion)																
Handling Victim / Ground			GROUNDMAN		Handling Victim											
Comments:					Treat for Shock											
			LINEMAN		Handling Victim											
					Treat for Shock											
Vital Signs / CPR Delivery			Tap or Shake and Shout													
Comments:			Check for Normal Breathing													
			Monitoring Victim													
			GROUNDMAN		Performing CPR											
			LINEMAN		Performing CPR											
* Hand Position during CPR																
Additional Points for Performance on the Ground During CPR																
Comments:																
(Total performance points in columns below)																
Actual Competition Time:	CPR Points: (100 Points Possible)	Performance Points: (Total Combined Points of Columns)	Total Competition Points: (Combine CPR and Competition Points)	0	1	2	3	4	5	6	7					

CPR PERFORMANCE TAPE – JUDGING CRITERIA

The following guidelines have been established in order to ensure that all Pole Top Rescue competitors have a clear understanding of how their tape will be scored.

A perfect CPR tape would receive a maximum of 199 points and must consist of:

- Five (5) cycles (2 breaths followed by 30 compressions) of CPR with compression depths between 38-51mm (1.5" – 2") and compression rates between 100-120 comp/min;
- End with two (2) breaths (for a total of 6 breath cycles) where the ventilation rate is 11-17 vent/min(ventilation only);
- Each breath must have an inflation measurement of 0.6 liter to 1.0 liter (600-1000 ml);
- Each compression must fall within the specific depth range and the 30 compressions must be delivered in 17-23 seconds. (see page 6 for example)

If a team member performs more than five (5) cycles of CPR, he will be graded on the first five (5) cycles only. *Please note: a 10-point deduction off your overall score will occur if a team completes more than 6 compression cycles.* Once the team member's individual CPR performance is graded, the two scores will be calculated for the actual team score.

For example, if ground man scores 188 points on his tape and the lineman's score is 186, these scores are added together and divided by 4 to obtain the team score of 93.5 points which would then be rounded up to 94 points.

The tapes will be graded using the following point system:

- Compressions = 1 point each and total 150 points
- Breaths = 2 points each and total 24 points
- Compression timing = 5 points per cycle and total 25 points
- **Any breath, compression or speed in yellow will be a deduction**

For example, if a compression is too shallow, a one (1) point deduction would be applied. If a cycle of two (2) breaths were omitted (perhaps you did not end with 2 breaths), there would be a four (4) point deduction. A cycle of compressions that is delivered in less than 17 seconds or more than 23 seconds would receive a five (5) point deduction - a stiff penalty, but proper timing is important.

Helpful Hints for CPR

- Give breaths slowly and allow the chest to *gently rise*.
- Check for *correct hand position* before each set of compressions.
- Gauge compression depth to no more than 2 inches (*don't muscle the victim*).

*** Treat Resusci Anne as you would a real victim, do NOT over-compress, doing so can damage an expensive piece of equipment and if it were a real person could cause untold internal damage.**

CPR Will be done indoors while the crew is setting up the pole scenario.

CPR TAPE EXAMPLE

Session Viewer

Open

Simulation Information / Event Log / BLS Result

English



Kirk2

96%

98%

100%

66%

02:00

8 sec

5

100%

Compressions: 142

Mean compression depth: 55 mm

93%

99%

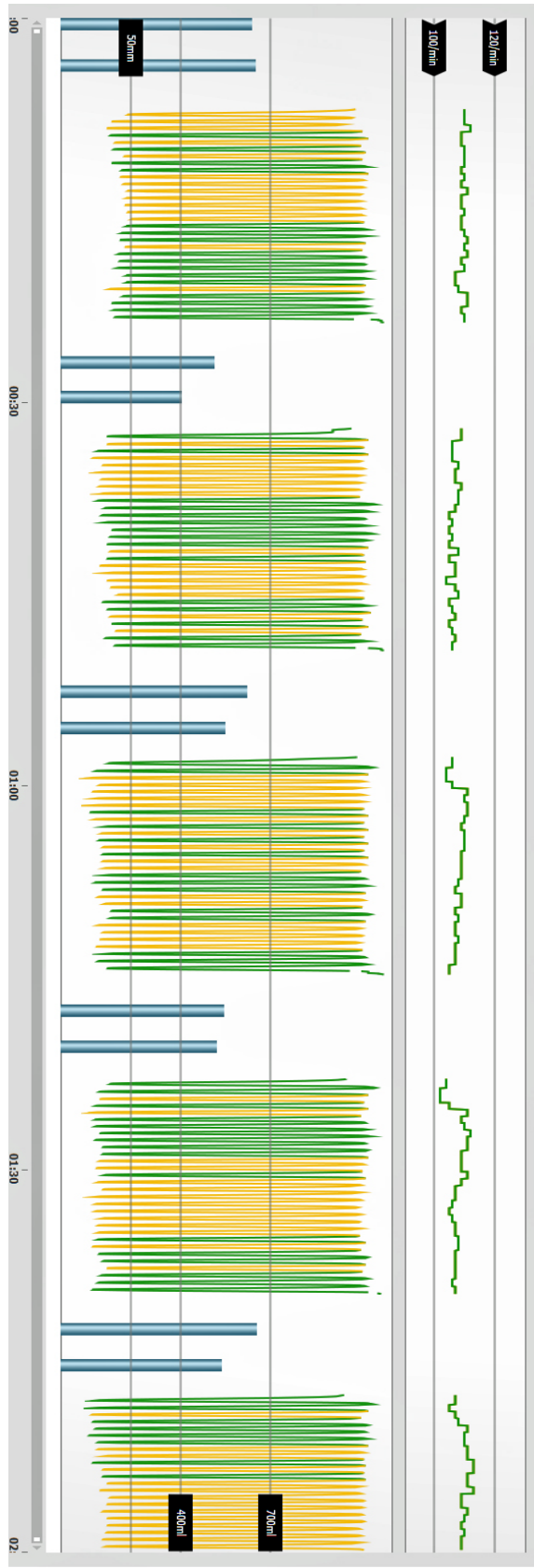
100%

108/min

Total ventilations: 10

Mean volume: 564 ml

5/min



RESCUE KNOT EXAMPLE

(3 HALF-HITCHES WITH 2ND ONE REVERSED)



PRELIMINARY EVENT LOCATION

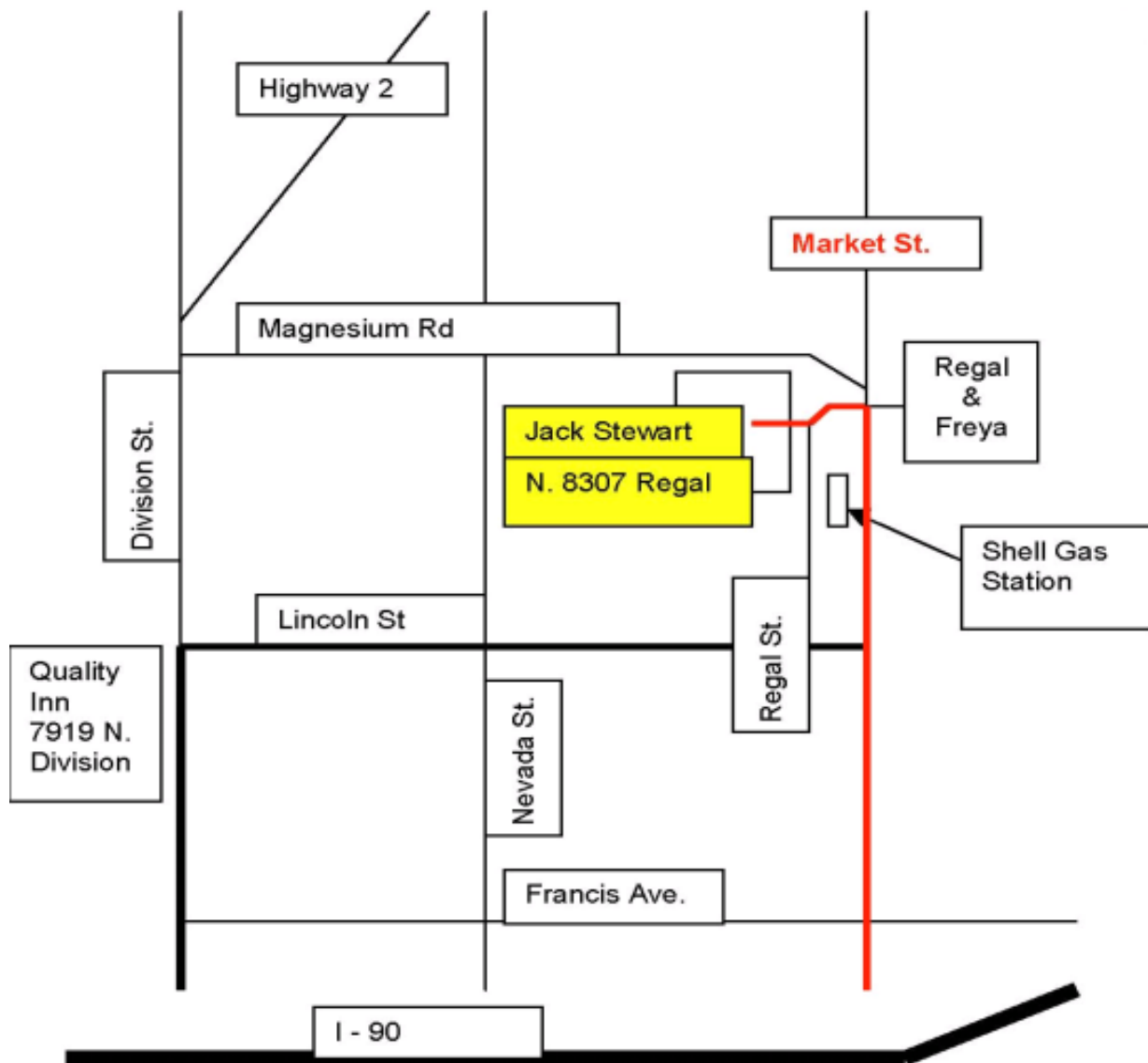
Jack Stewart Training Center

[8307 N Regal St, Spokane, WA 99217](https://www.google.com/maps/place/8307+N+Regal+St,+Spokane,+WA+99217)

From I-90: Take Hamilton exit and head north until Hamilton becomes Nevada; continue to Lincoln Road and turn right. Proceed to Regal and turn left. Follow the road until you see the Avista entrance.

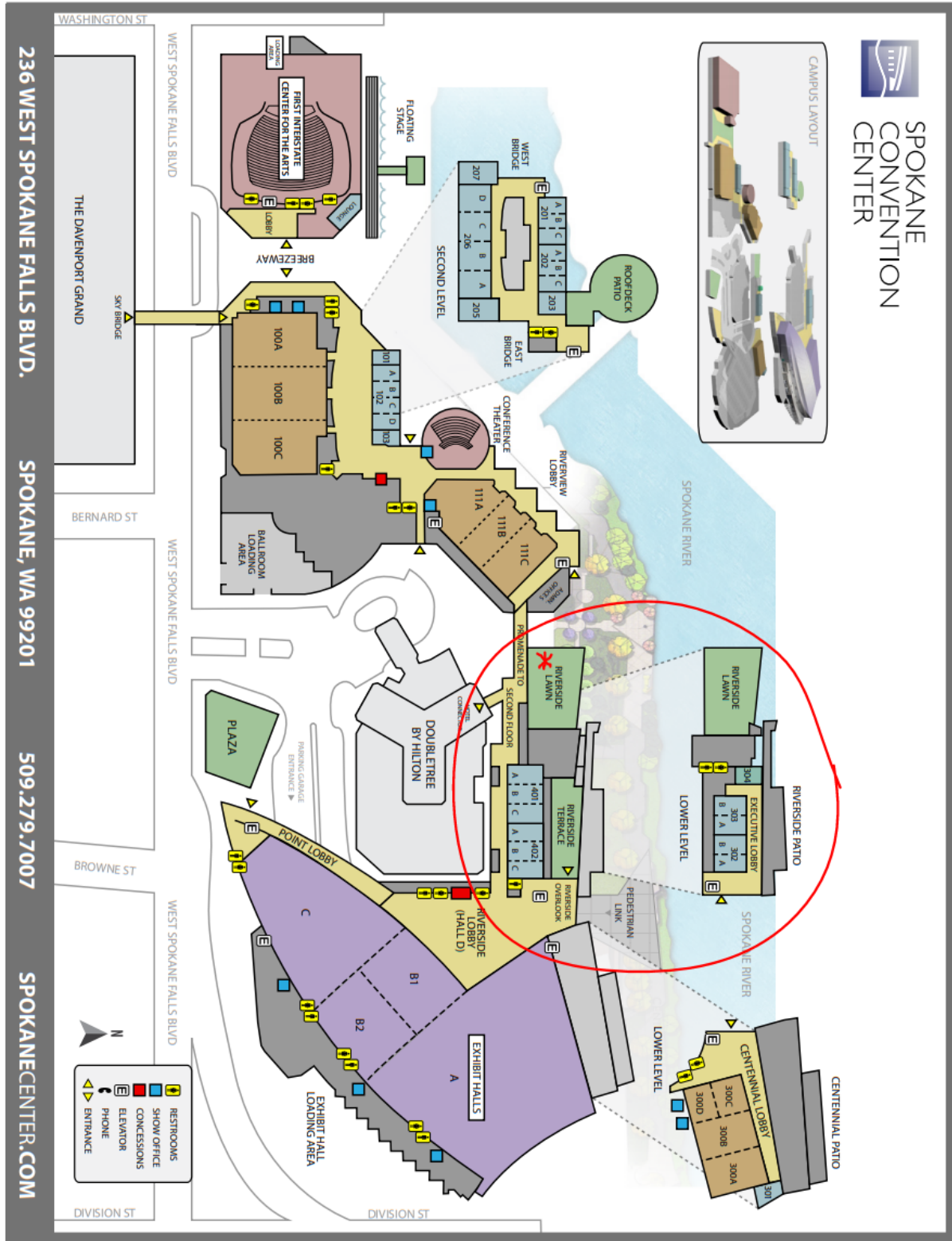
From Market Street: Go north on Market Street past Francis. There will be a turn island about 300 feet past the Shell station – turn left. Just after the road turns (about 1 block) you will see the Jack Stewart Sign on your right. Drive in to the large building. The driveway splits inside the property and you may take either to parking areas.

[Click here to go to MapQuest](#)



POLE TOP FINALS EVENT LOCATION

SPOKANE CONVENTION CENTER - RIVERSIDE LAWN



HOST HOTELS

BE SURE TO ASK FOR THE GOVERNOR'S CONFERENCE RATE!

DoubleTree by Hilton

322 North Spokane Falls Court
Spokane, Washington 99201, USA

800-757-6131

Our riverside hotel is located on the Centennial Trail, a 3-minute walk from the 100-acre Riverfront Park and Spokane Falls. Follow the Inland Northwest Ale Trail to over 46 breweries. World-class wine tasting rooms like Barrister and Maryhill are less than 10 minutes away. We're 10 minutes walk to shopping and dining at River Park Square and only three minutes to the First Interstate Center for the Arts.

[**DoubleTree Hilton Conference Rate Reservation**](#)

[**CLICK HERE TO
MAKE A RESERVATION**](#)

Davenport Grand

333 West Spokane Falls Boulevard
Spokane, Washington 99201

509-455-8888

The Davenport Grand, Autograph Collection sits across from the Spokane Convention Center. Other downtown attractions, such as the First Interstate Center for the Performing Arts, Riverfront Park and the Spokane Arena are within walking distance.

[**Davenport Grand Conference Rate Reservation**](#)

[**CLICK HERE TO
MAKE A RESERVATION**](#)

DIRECTIONS AND PARKING



SPOKANE CONVENTION CENTER

I-90 to the Spokane Convention Center

- From I-90 take **Exit 281 - US HWY 2 (Division St.)**
- Continue north on **Division St**
- Turn left onto **Spokane Falls Blvd.**
- Continue through the first traffic light
- Turn right onto **Spokane Falls Court**
- Follow signs to the Convention Center Parking Garage



Southbound to the Spokane Convention Center

- From HWY 2 & 395 - Division St. (Newport/Colville)
- Continue south on **Division St**, stay in the right lane
- Division St. turns into **Spokane Falls Blvd.**
- Continue through the first traffic light
- Turn right onto **Spokane Falls Court**
- Follow signs to the Convention Center Parking Garage



Additional Parking (Davenport Grand Hotel Garage)

- Follow **Spokane Falls Blvd.**
- Left onto **N. Stevens St**
- Left onto **W. Main Ave**
- Left onto **N. Washington St**
- Entrance to Davenport Grand Hotel Parking Garage on the right side of the street

P In addition to the two main lot options, parking is available in metered spots and conveniently located lots (see map).

334 WEST SPOKANE FALLS BLVD. SPOKANE, WA 99201

509.279.7007

SPOKANECENTER.COM